



# Northwestern's Fourth Annual Updates in Clinical and Surgical Gynecology CME Symposium

**October 12-13, 2018**

Northwestern Medicine  
Prentice Women's Hospital  
Chicago, Illinois

*Sponsored by Northwestern Medicine*

**REGISTER ONLINE:** [northwesternobgyn2018.com](http://northwesternobgyn2018.com)

# Northwestern's Fourth Annual Updates in Clinical and Surgical Gynecology CME Symposium

**Course Directors: Angela Chaudhari, MD, and Susan C. Tsai, MD**

There have been many recent advances in the treatment of patients with various gynecologic conditions yet there are still significant knowledge gaps, specifically in the diagnosis and comprehensive management of complex gynecologic issues. The content of this course helps bridge evidence-based medicine and clinical practice in the office and operating room settings.

This educational program is focused toward community healthcare professionals involved in the care of patients with gynecologic disease. Various areas of clinical and surgical gynecology will be covered, and potential changes in patient management will be discussed. In addition to our lectures, a hands-on course will be offered to allow participants to learn and practice common techniques in basic as well as advanced hysteroscopy and laparoscopy. We are honored to welcome guest speaker, **Rosanne Kho, Section Head of Benign Gynecology and Director of Benign Gynecologic Surgery at Cleveland Clinic.**

## PROGRAM OBJECTIVES

**After attending this educational activity, participants should be able to:**

- 1) Review and apply vaginal surgical techniques to current practice.
- 2) Describe current diagnostic and treatment options for pelvic floor dysfunction in relation to its impact on pelvic pain.
- 3) Explain the current evidence on contraception's effectiveness and utility in the obese population to current practice.
- 4) Explain and apply current evidence for egg freezing and fertility preservation for women delaying fertility.
- 5) Discuss current diagnostic and treatment modalities of endometrial hyperplasia in the obese population.
- 6) Identify and utilize current evidence for prophylactic salpingectomy in the setting of tubal ligation and benign hysterectomy.
- 7) Review new and current therapeutic approaches to uterine fibroids and apply to practice.
- 8) Explain how surgical volume affects clinical outcomes in practice.
- 9) Review old techniques, utilize new techniques and apply these to current surgical practice in hysterectomy and laparoscopy.

For more information, please contact Sarah Baggs, Continuing Medical Education Administrator at Northwestern Memorial HealthCare, at [sbaggs@nm.org](mailto:sbaggs@nm.org).

## Friday, October 12

8:00 am	<b>Breakfast and Registration</b>
8:45 am	<b>Welcome</b> <i>Serdar E. Bulun, MD</i>
9:00 am	<b>Egg Freezing for Fertility Preservation</b> <i>Christina E. Boots, MD</i>
9:30 am	<b>Diagnosis and Treatment of Pelvic Floor Dysfunction</b> <i>Sarah K. Hwang, MD</i>
10:00 am	<b>Break</b>
10:15 am	<b>Modernizing Vaginal Hysterectomy—Providing Tools for the Teacher and the Surgeon</b> <i>Rosanne Kho, MD</i>
11:00 am	<b>The Diagnosis and Treatment of Endometrial Hyperplasia in the Obese Patient</b> <i>Shohreh Shahabi, MD</i>
11:30 am	<b>Q&amp;A</b>
12:00 pm	<b>Working Lunch Video Session: The Effect of Surgeon Volume on Clinical Outcomes</b> <i>Magdy P. Milad, MD, MS</i>
1:15 pm	<b>New Therapeutic Approaches to Uterine Fibroids</b> <i>Angela Chaudhari, MD</i>
1:45 pm	<b>Prophylactic Salpingectomy</b> <i>Susan C. Tsai, MD</i>
2:15 pm	<b>Contraception in the Obese Patient</b> <i>Leanne R. McCloskey, MD</i>
2:45 pm	<b>Closing Comments and Adjournment</b>

## Saturday, October 13

8:00 am	<b>Breakfast and Registration</b>
8:15 am	<b>Tips and Tricks for Difficult Hysteroscopy</b> <i>Laura Matthews Glaser, MD</i>
8:45 am	<b>Tips and Tricks for Laparoscopic Suturing</b> <i>Farah A. Alvi, MD, MS, FACOG</i>
9:15 am	<b>Break</b>
9:30 am	<b>Hands-on Sessions</b> <i>Moderators: Angela Chaudhari, MD, Madgy P. Milad, MD, MS, and Susan C. Tsai, MD</i> <p><b>Hysteroscopy</b></p> <ul style="list-style-type: none"> <li>■ Resectoscope</li> <li>■ Hysteroscopic morcellators</li> <li>■ Endometrial Ablation</li> </ul> <p><b>Laparoscopy</b></p> <ul style="list-style-type: none"> <li>■ Laparoscopic suturing/tying</li> <li>■ Energy systems</li> </ul>
10:30 am	<b>Break</b>
10:45 am	<b>Hands-on Sessions</b> <i>Moderators: Angela Chaudhari, MD, Madgy P. Milad, MD, MS, and Susan C. Tsai, MD</i> <p><b>Hysteroscopy</b></p> <ul style="list-style-type: none"> <li>■ Resectoscope</li> <li>■ Hysteroscopic morcellators</li> <li>■ Endometrial Ablation</li> </ul> <p><b>Laparoscopy</b></p> <ul style="list-style-type: none"> <li>■ Laparoscopic suturing/tying</li> <li>■ Energy systems</li> </ul>
11:45 am	<b>Q &amp; A</b>
12:00 pm	<b>Adjournment</b>

# Program Course Directors

## **Angela Chaudhari, MD**

*Assistant Professor of Obstetrics and Gynecology,  
Division of Minimally Invasive Gynecologic Surgery  
Associate Program Director,  
Fellowship in Minimally Invasive Gynecologic Surgery  
Northwestern University  
Feinberg School of Medicine*

## **Susan C. Tsai, MD**

*Assistant Professor of Obstetrics and Gynecology,  
Division of Minimally Invasive Gynecologic Surgery  
Northwestern University  
Feinberg School of Medicine*

# Guest Faculty

## **Rosanne Kho, MD**

*Section Head of Benign Gynecology,  
Director of Benign Gynecologic Surgery  
OB/Gyn & Women's Health Institute  
Cleveland Clinic*

# Program Faculty

## **Farah A. Alvi, MD, MS, FACOG**

*Fellowship-Trained, Minimally Invasive Gynecologic Surgeon  
Northwestern University  
Feinberg School of Medicine  
Gynecologic Surgeon  
WomanCare PC*

## **Christina E. Boots, MD**

*Assistant Professor of Obstetrics and Gynecology  
Division of Reproductive Endocrinology and Infertility  
Northwestern University  
Feinberg School of Medicine*

## **Serdar E. Bulun, MD**

*Chairman, Department of Obstetrics and Gynecology  
John J. Sciarra Professor of Obstetrics and Gynecology  
Northwestern University  
Feinberg School of Medicine*

## **Sarah K. Hwang, MD**

*Director, Women's Health Rehabilitation Program  
Shirley Ryan AbilityLab  
Assistant Professor of Physical Medicine and Rehabilitation,  
Obstetrics and Gynecology  
Northwestern University  
Feinberg School of Medicine*

## **Laura Matthews Glaser, MD**

*Obstetrics and Gynecology  
Northwestern Lake Forest Hospital*

## **Leanne R. McCloskey, MD**

*Assistant Professor of Obstetrics and Gynecology  
Northwestern University  
Feinberg School of Medicine*

## **Madgy P. Milad, MD, MS**

*Chief, Gynecology and Gynecologic Surgery  
Chief, Division of Minimally Invasive Gynecologic Surgery  
Northwestern Medicine  
Albert B. Gerbie Professor of Obstetrics and Gynecology  
Northwestern University  
Feinberg School of Medicine*

## **Shohreh Shahabi, MD**

*Chief, Gynecologic Oncology  
Northwestern Medicine  
John and Ruth Brewer Professor of Gynecology  
and Cancer Research  
Professor of Obstetrics and Gynecology,  
Division of Gynecologic Oncology  
Professor of Medical Social Sciences  
Northwestern University  
Feinberg School of Medicine*



### Program Location

The program will be held at Northwestern Medicine Prentice Women's Hospital, 250 E. Superior Street, Third Floor, Conference Room L South, Chicago.

### Directions and Parking

Please visit our website at [nm.org](http://nm.org) for directions to the conference. We offer discounted parking in the garage just south of the hospital at 222 E. Huron Street.

### Audience

The content of the program is appropriate for OBGYNs and other healthcare providers caring for patients with a variety of gynecologic diseases.

### Registration Fee

The fee for attending physicians is \$80 per day or \$150 for the entire course. The fee for trainees, nurses and other healthcare professionals is \$40 per day or \$70 for the entire course. Space is limited. No refunds after **October 2**.

### Registration Procedure

To register online, please visit [northwesternobgyn2018.com](http://northwesternobgyn2018.com). If paying with check, please mail your check, made payable to **Northwestern Memorial Hospital (CME)**, to the address listed below, prior to **October 2**.

Northwestern Memorial HealthCare  
675 North St. Clair Street, Galter 3-104  
Chicago, IL 60611

### Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation Statement

The Northwestern University Feinberg School of Medicine designates this educational activity for a maximum of *9.25 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

The American Nurses Credentialing Center (ANCC) and the Illinois Department of Financial and Professional Regulation accept **AMA PRA Category 1 Credits**<sup>™</sup> from organizations accredited by the ACCME for relicensure & recertification requirements. 1 CME credit is equivalent to 1 contact hour. Your certificate of completion, which includes the number of CME credits awarded, is the only documentation required.

### Family Attractions

Prentice Women's Hospital is located in the heart of Chicago, within walking distance of a variety of restaurants, public transportation and the Magnificent Mile, Chicago's premier shopping area. For a complete listing of Chicago attractions, visit [choosechicago.com/things-to-do/](http://choosechicago.com/things-to-do/).



The 2018 Northwestern Medicine Neuro-Oncology  
CME Symposium

Friday,  
April 20, 2018


# Registration Form

## Registration Category

- ☐ Physician.....\$60  
☐ Trainee, Nurse, or Other HCP.....\$40

## How to Register

 **ONLINE:** [www.cme.northwestern.edu](http://www.cme.northwestern.edu)

 **OR MAIL** with check (*payable to Northwestern Memorial Hospital (CME)*)

Sarah Baggs  
c/o Northwestern Memorial HealthCare  
675 North St. Clair Street  
Galter 3-104H  
Chicago, IL 60611

## For Questions:

**Email:** [sbaggs@nm.org](mailto:sbaggs@nm.org)

**Phone:** 312.926.7975

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## Please Type or Print

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

☐ Physician      ☐ Trainee, Nurse, or Other HCP

Title \_\_\_\_\_

Institution \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

E-mail (Required) \_\_\_\_\_  
*Your registration confirmation will be e-mailed*

Specialty \_\_\_\_\_

Special Dietary Requirements \_\_\_\_\_  
*Advance notification required*

Disability Accommodations \_\_\_\_\_  
*Please advise us of your needs*

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## How did you hear about our program?

☐ Brochure   ☐ E-mail   ☐ Website   ☐ Word of Mouth   ☐ Previous Attendee

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