Pediatric Pearls

A VIRTUAL Continuing Medical Education Series

2020-2021

• Pediatric Pearls: Urology & Kidney — November 6, 2020
• Pediatric Pearls Winter — February 17, 2021
• Pediatric Pearls Spring — April 20, 2021
• Pediatric Pearls: Psychiatry in Primary Care — May 20, 2021
2020–2021
Pediatric Pearls
VIRTUAL CME Series
An innovative concept in Pediatric Continuing Medical Education

General Information

Ann & Robert H. Lurie Children’s Hospital of Chicago is pleased to announce a new way to connect with our experts and earn CME credit from the safety and comfort from your home during these times that demand social distancing. Welcome to the 2020–2021 Virtual Pediatric Pearls Series.

Each of the four programs offer just under an entire day’s worth of virtual education that will include evidence-based sessions, an opportunity for interactive Q&A, and offer timely medical updates most relevant to your practice and patients.

Each course will carry between 4.0 AMA PRA Category 1 Credit(s)™ to 4.5 AMA PRA Category 1 Credit(s)™.

Details about each full-day course, the presenters and registration information are included in this catalog as well as on our Web site at www.luriechildrens.org/pears.

Don’t miss this opportunity to earn CME credits, network with your colleagues and gain a wealth of practical information on cutting-edge pediatric health topics.

Information regarding the technology needed on your computer as well as an ability to test the system before the conference will be available a few weeks before each conference. Those details will be sent to you via email.

For questions or more information, call Stephanie at 312.227.7411 or e-mail svarcardona@luriechildrens.org or Claudia at 312.227.7432 or email cpinto@luriechildrens.org

This program is sponsored by Northwestern University Feinberg School of Medicine and presented by the faculty of Lurie Children’s.

Accreditation statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of XX AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Please refer to each program for the breakdown of CME hours.

To Register Online Visit: luriechildrens.org/pears
Pediatric Pearls Course Objectives, continued

Pediatric Pearls Spring
- Describe the symptoms of PTSD in children and adolescents and common clinical presentations of youth with psychological trauma
- Compare trauma-informed medical care from more traditional practice
- Identify strategies that can be implemented to screen for psychological trauma in youth
- Identify which patients to screen for congenital cytomegalovirus infection, testing methods, and timing
- Describe updates in congenital cytomegalovirus evaluation and treatment
- Discuss what we know about neonates and young infants with SARS-CoV-2 infection
- Recognize parechovirus has a cause of sepsis-like illness and CNS infections in young infants
- Explain injury prevention strategies for pre-season conditioning and in-season training/competition
- Identify risk factors for heat illness and successful prevention strategies
- Provide recommendations for safe sports equipment
- Identify the most common pediatric overuse injuries and outline appropriate evaluation and treatment
- Discuss the field of Culinary Medicine
- Explain how nutrition knowledge and culinary skills can improve the health of doctors and their patients
- Characterize why patients are started on biologic therapies for the treatment of pediatric inflammatory bowel disease
- Identify complications of biologic therapies that may be seen in the primary care setting
- Advise families of health maintenance recommendations for patients on biologic therapies
- Plan an appropriate evaluation of a patient with suspected intestinal inflammation
- Identify mimickers of inflammatory bowel disease
- Identify patients who may need more urgent evaluation by a gastroenterologist

Pediatric Pearls: Psychiatry in Primary Care
- List the risk factors and early signs of bipolar disorder and schizophrenia in youth
- Differentiate between early bipolar disorder, early schizophrenia, and more common mental health disorders in youth
- Outline the benefits of early intervention in bipolar disorder and schizophrenia
- Discuss the causes of oppositional behavior in children and adolescent
- Explain the 5 tenets of positive parenting
- Describe the age of onset and course of the tic disorders
- Discuss the differences between tics and stereotypies
- Manage a patient and family with a new onset tic disorder
- Discuss prevalence rate of suicidal ideation, suicide attempts and suicide completion among youth
- Describe the pros and cons of currently available suicide screening tools for primary care settings
- Review successful implementation strategies in primary care
- Recognize risk factors for Conversion disorder (PNES)
- Discuss clinical care pathway for patients with conversion disorder in the pediatric inpatient setting
- Outline multidisciplinary treatment approaches for pediatric Conversion disorder
- Discuss how childhood anxiety and depression commonly present in primary care settings
- Describe several evidence-based principles useful in guiding parents of children and adolescents with anxiety and depression
- Incorporate those principles into concise anticipatory guidance and discussions of behavioral health problems with parents.
# Pediatric Pearls

## Spring

### AGENDA

**Tuesday, April 20, 2021**

*Register by: April 10, 2021*

This one-day symposium is designed for healthcare providers interested in learning about the latest pediatric treatments. The structure of this program remains the same with brief, practical hints, related to several subspecialty issues confronting you in your daily practice, some more complex than others. For this installment, we present lectures on infections in the newborn, food as medicine, post trauma stress syndrome in children, injury prevention in the young athlete, biologics in pediatric medicine, and IBD.

XX AMA PRA Category 1 Credit(s)™

<table>
<thead>
<tr>
<th>TIME</th>
<th>TOPIC/TITLE</th>
<th>SPEAKER</th>
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<tbody>
<tr>
<td>8 A.M.</td>
<td><strong>Welcome by Course Director</strong></td>
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<tr>
<td>8:15-8:45 A.M.</td>
<td>Infections in the Newborn</td>
<td>Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP</td>
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<tr>
<td>8:45-8:55 A.M.</td>
<td><strong>Break</strong></td>
<td>Leena Mithal, MD</td>
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<tr>
<td>8:55-9:25 A.M.</td>
<td>Culinary Medicine</td>
<td>Lori Walsh, MD</td>
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<tr>
<td>9:25-9:35 A.M.</td>
<td><strong>Break</strong></td>
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<tr>
<td>9:35-10:05 A.M.</td>
<td>Posttraumatic Stress Disorder in Children and Adolescents</td>
<td>Anthony Vesco, PhD &amp; Megan Lerner, LCSW</td>
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<tr>
<td>10:05-10:20 A.M.</td>
<td><strong>Intermission</strong></td>
<td></td>
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<tr>
<td>10:20-10:50 A.M.</td>
<td>Injury Prevention in the Adolescent Athlete</td>
<td>Sigrid Wolf, MD</td>
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<tr>
<td>10:50 -11 A.M.</td>
<td><strong>Break</strong></td>
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<tr>
<td>11:00 A.M.</td>
<td>Overview of Biologics in Pediatrics—A GI focused approach</td>
<td>Jennifer Strople, MD</td>
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<tr>
<td>11:30 A.M.-NOON</td>
<td><strong>Lunch</strong></td>
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<td>NOON-12:45 P.M.</td>
<td>Afternoon Breakout 1 Sports Medicine Cases</td>
<td>Sigrid Wolf, MD</td>
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<tr>
<td>NOON-12:45 P.M.</td>
<td>Afternoon Breakout 2 ID calls from the Nursery</td>
<td>Leena Mithal, MD</td>
</tr>
<tr>
<td>NOON-12:45 P.M.</td>
<td>Afternoon Breakout 3 IBD or Not IBD: The Real Deal and the Phonies</td>
<td>Jen Strople, MD</td>
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<tr>
<td>12:45-12:50 P.M.</td>
<td><strong>Break</strong></td>
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<tr>
<td>12:50-1:35 P.M.</td>
<td>Afternoon Breakouts 1, 2 &amp; 3 — Repeat</td>
<td>Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP</td>
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<tr>
<td>1:35-1:45 P.M.</td>
<td><strong>Closing Remarks</strong></td>
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</table>
# Pediatric Pearls: Psychiatry in Primary Care

### Agenda

**Thursday, May 20, 2021**
**Register by: May 10, 2021**

This full-day conference should be attended by healthcare providers interested in learning more about several mental health topics relevant to our youth. Included will be topics on psychotherapy, suicide screening, bipolar depression and schizophrenia, Tourette syndrome, non-epileptic seizures and the fundamentals of parent training. Several longer sessions and expert panels will take a deep dive in these hot topics allowing ample time for discussion.

*XX AMA PRA Category 1 Credits™*

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic/Title</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>8 A.M.</td>
<td>Welcome by Course Director</td>
<td>John Walkup, MD</td>
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<tr>
<td>8:15-9:00 A.M.</td>
<td>Guiding Parents of Anxious and Depressed Children</td>
<td>Susan Friedland, MD</td>
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<tr>
<td>9:00-9:05 A.M.</td>
<td>Break</td>
<td>John Walkup, MD</td>
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<tr>
<td>9:05-9:50 A.M.</td>
<td>Fundamentals of Parent Training</td>
<td>John Walkup, MD</td>
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<tr>
<td>9:50-9:55 A.M.</td>
<td>Break</td>
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<tr>
<td>9:55-10:40 A.M.</td>
<td>Suicide Screening &amp; Management in the Office Practice</td>
<td>Aron Janssen, MD</td>
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<tr>
<td>10:40-10:55 A.M.</td>
<td>Intermission</td>
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<tr>
<td>10:55-11:10 A.M.</td>
<td>Panel Discussion</td>
<td>Dr. Walkup, Dr. Friedland, Dr. Janssen</td>
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<tr>
<td>11:10-11:45 P.M.</td>
<td>Lunch</td>
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<tr>
<td>11:45 A.M.- NOON</td>
<td>Early Detection—The Prodrome for Bipolar Disorder &amp; Schizophrenia</td>
<td>Rachel Ballard, MD</td>
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<tr>
<td>NOON-12:05 P.M.</td>
<td>Break</td>
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<tr>
<td>12:05-12:50 P.M.</td>
<td>Tic's and Stereotypies</td>
<td>John Walkup, MD</td>
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<tr>
<td>12:50-1:05 P.M.</td>
<td>Intermission</td>
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<tr>
<td>1:05-1:50 P.M.</td>
<td>Recognizing Conversion Disorder in Youth: Psychogenic Nonepileptic Seizures</td>
<td>Sigita Piloplys, MD</td>
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<tr>
<td>1:50-1:55 P.M.</td>
<td>Break</td>
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<tr>
<td>1:55-2:10 P.M.</td>
<td>Panel Discussion</td>
<td>Dr. Walkup, Dr. Ballard, Dr. Piloplys</td>
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<tr>
<td>2:10-2:15 P.M.</td>
<td>Break</td>
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<tr>
<td>2:15-2:30 P.M.</td>
<td>Closing Remarks</td>
<td>John Walkup, MD</td>
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Where you need us, When you need us

With 13 outpatient service locations, 5 primary care locations and 14 partner hospitals, providing greater access to the best pediatric care has never been easier.

The outpatient centers provide Lurie Children’s high quality patient care with the same extraordinary experts in locations throughout Chicago and the suburbs.

**Surgical Services** are offered at the main hospital in Chicago as well as two outpatient center locations in Northbrook and Westchester and both offer MRI as well.

**Immediate Care Services** at Lurie Children’s Outpatient Center in Northbrook and at Lurie Children’s Outpatient Center in Lincoln Park, offers extended walk-in hours in the evenings, on weekends and during the holidays, providing parents that extra assurance that access to a pediatric specialists is not always downtown.

**Emergency Medicine** experts don’t only see patients at the Chicago location, through a hospital partnership with Northwest Community Hospital and Northwestern Medicine Central DuPage Hospital, families have these pediatric emergency locations as an option.

**Telemedicine Appointments** now available and offering your patients the ability to be seen virtually. A video visit will allow your patient to be seen by a Lurie Children’s expert within minutes from the comfort of their home.

Don’t forget about our free online Webinars available now and new topics coming early 2021. Available 24/7 and always FREE. luriechildrens.org/webinars

**New Outpatient Center in Skokie Late November 2020**
About the Presenters

Please Note:
All presenters are on staff at Lurie Children's and faculty members at Northwestern University Feinberg School of Medicine unless noted (*) and are listed in order by conference name.

Pediatric Pearls: Urology & Kidney

Course Directors:
Kavita Hodgkins, MD
Attending Physician, Nephrology, Assistant Professor of Nephrology

Catherine Seager, MD
Attending Physician, Urology; Assistant Professor of Urology

Presenting Faculty:
Diana Bowen, MD
Attending Physician, Urology; Assistant Professor of Urology

Earl Cheng, MD
Division Head, Urology; Co-head Reconstructive Pediatric Urology, Founders’ Board Chair in Urology; Professor of Urology

David Chu, MD
Attending Physician, Urology; Assistant Professor of Urology

Edward Gong, MD
Co-Director, Fetal Urology, The Chicago Institute for Fetal Health; Attending Physician, Urology; Assistant Professor of Urology

Emilie Johnson, MD, MPH
Attending Physician, Urology; Assistant Professor of Urology

Bruce Lindgren, MD
Director, Minimally Invasive Urological Surgery; Attending Physician, Urology; Associate Professor of Urology

Dennis Liu, MD
Attending Physician, Urology; Assistant Professor of Urology

Max Maisels, MD
Attending Physician, Urology; Professor of Urology

Derek Mataoka, MD
Attending Physician, Urology; Associate Professor of Urology

Hope F. McGowan, APRN-NP*
Pediatric Nurse Practitioner, Urology

Delphine Nelson, MD, MHS
Attending Physician, Nephrology; Assistant Professor of Pediatrics (Nephrology)

Reumah Ravoozi, MMS, PA-C*
Physician Assistant, Urology

Priya Verghese, MD, MPH
Division Head, Nephrology; Isaac A. Ait, Professor of Nephrology

Pediatric Pearls: Winter

Course Director:
Ravi Jhaveri, MD
Physician Director, CME; Associate Division Head, Infectious Diseases, Professor of Pediatrics, Infectious Diseases

Presenting Faculty:
Cheri P. Dhar, MD
Attending Physician, Adolescent and Young Adult Medicine; Assistant Professor of Pediatrics (Adolescent Medicine)

Caren Mangarelli, MD
Attending Physician, Academic Pediatrics and Primary Care; Assistant Professor of Pediatrics (Academic General Pediatrics and Primary Care)

Preethi Raghupatrani, MD
Attending Physician, Academic Pediatrics and Primary Care; Instructor of Pediatrics (Academic General Pediatrics and Primary Care)

Marla Rahmandar, MD
Director, Substance Use Program; Attending Physician, Adolescent and Young Adult Medicine; Assistant Professor of Pediatrics, Adolescent Medicine

Laura Torchen, MD
Attending Physician, Endocrinology; Assistant Professor of Pediatrics (Endocrinology)

Irina Troxman, MD
Attending Physician, Sleep Medicine; Health System Clinician of Pediatrics (Pulmonary Medicine)

Pediatric Pearls: Psychiatry in Primary Care

Course Director:
John Walkup, MD
Department Head, Pritzker Department of Psychiatry and Behavioral Health; Margaret C. Ostheimer Professor in Child and Adolescent Psychiatry; Professor of Psychiatry and Behavioral Sciences

Presenting Faculty:
Rachel Bailard, MD
Attending Physician, Pritzker Department of Psychiatry and Behavioral Health; Associate Professor of Psychiatry and Behavioral Sciences

Susan Friedland, MD
Child Psychiatrist at Lurie Children's Primary Care; Adjunct Assistant Professor of Psychiatry and Behavioral Sciences

Aron Janssen, MD
Attending Physician, Pritzker Department of Psychiatry and Behavioral Health; Associate Professor of Psychiatry and Behavioral Sciences

Sigita Piliponis, MD
Head, Pediatric Neuropsychiatry Program, Pritzker Department of Psychiatry and Behavioral Health; Professor of Psychiatry and Behavioral Sciences

Jennifer Strople, MD
Attending Physician, Gastroenterology, Hepatology, Nutrition; Associate Professor of Pediatrics

Anthony Vesco, PhD
Attending Clinical Psychologist, Pritzker Department of Psychiatry and Behavioral Health; Assistant Professor, Psychiatry and Behavioral Sciences

Lori Walsh, MD
Pediatrician; Clinical Assistant Professor of Pediatrics; Community Based Primary Care; Assistant Educator, Osher Center in Culinary Medicine

Sigrid Wolf, MD
Attending Physician, Pediatric Sports Medicine; Assistant Professor of Pediatrics

Pediatric Pearls: Spring

Course Director:
Ravi Jhaveri, MD
See titles under Winter

Presenting Faculty:
Megan Lerner, LCSW *
Clinical Coordinator of the Trauma Treatment Service; Senior Social Worker; Pritzker Department of Psychiatry and Behavioral Health

Leena Mithal, MD
Attending Physician, Infectious Diseases; Assistant Professor of Pediatrics (Infectious Diseases)
### REGISTRATION

<table>
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<tr>
<th>PRICE</th>
<th>MDS, DOS, PHDS, APNS</th>
<th>CIN AND CCPA MEMBERS, FOLLOWERS, RNs, OTHER HEALTHCARE PROFESSIONALS, HOSPITAL EMPLOYEES</th>
<th>RESIDENTS, MEDICAL STUDENTS</th>
<th>QUANTITY</th>
<th>SUBTOTAL</th>
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Total Cost $ 

Registration is due approximately 10 days prior to each course and is non-refundable.

### ATTENDEE INFORMATION

- Degree: [ ] MD [ ] PhD [ ] DO [ ] APN [ ] RN [ ] Other: 
- I am a [ ] CCPA Member, [ ] Fellow/Resident, [ ] Student, [ ] Lurie Children’s Employee (Physician, nurse, clinician)
- Other: 

- Name ____________________________
- Address 1: ______________________
- Address 2: ______________________
- City ____________________________ State ___________ ZIP _____________
- Home phone ______________________ Work phone ______________________
- Fax number (Please do not include credit card # if sending fax. Please follow up with a phone call.) ______________________
- Practice/Organization name ______________________
- E-mail (You must provide an e-mail address for a confirmation.) ______________________

### BREAKOUT SESSIONS

Following the morning lectures, participants will attend two smaller workshops called Breakout Sessions. Please rank in order your top three choices. We will try to accommodate your first two choices but please note that space is limited and is filled on a first-come, first-served basis.

#### Pediatric Pearls: Urology & Kidney
- [ ] A. Ask an Expert Pediatric Urologist
- [ ] B. Urine Woes: Solutions to Bladder Issues
- [ ] C. The 411 on The Child with Hematuria/Proteinuria

#### Pediatric Pearls Winter
- [ ] A. Substance Use Cases
- [ ] B. Obesity Cases
- [ ] C. Choosing the Right Contraceptive Cases

#### Pediatric Pearls Spring
- [ ] A. Sports Medicine Cases
- [ ] B. ID Calls from the Nursery
- [ ] C. IBD or Not IBD: The Real Deal and the Phonies

### METHOD OF PAYMENT

- Please check my: [ ] Master Card [ ] Discover [ ] Visa [ ] American Express
- I have enclosed my check or money order payable to Ann & Robert H. Lurie Children’s Hospital of Chicago.
- I am mailing this postage-paid card separately and will call in with my payment information.
- Please use an envelope to hold your check and other banking information.

- Account number ______________________ Exp. date ___________ Three-digits security code ___________
- Name as it appears on card ______________________
- Signature ______________________

To mail your registration with payment:

Attn: Marketing Department; Box 87
C/O Pediatric Pearls CME
Lurie Children’s
225 E. Chicago Ave.
Chicago, IL 60611

To register online visit:

[luriechildrens.org/pearls](http://luriechildrens.org/pearls)