THE 18TH ANNUAL HEART FAILURE HOLIDAY SYMPOSIUM

DECEMBER 2-3, 2022

HYBRID FORMAT: ONLINE + IN-PERSON
RADISSON BLU AQUA HOTEL, CHICAGO, IL

COURSE DIRECTORS:
Jonathan Rich, MD
Kathleen Grady, PhD, RN, MS
Duc Thinh Pham, MD
Jane Wilcox, MD, MS
Clyde Yancy, MD, MS

REGISTER TODAY!
cvconferences.com/heartfailure

OFFICIALLY ENDORSED BY THE HEART FAILURE SOCIETY OF AMERICA.
THE OPINIONS PRESENTED IN THIS EDUCATIONAL ACTIVITY DO NOT NECESSARILY REFLECT THE OPINIONS OR RECOMMENDATIONS OF THE HFSA.

THIS ACTIVITY HAS BEEN APPROVED FOR 11.25 LIVE AMA PRA CATEGORY 1 CREDITS™

SPONSORED BY
Northwestern University Feinberg School of Medicine
Office of Continuing Medical Education
and Bluhm Cardiovascular Institute at Northwestern Medicine
The 18th Annual Heart Failure Holiday Symposium

The purpose of this event is to share advances in heart failure prevention and biomarkers. In addition, to assemble some of the best leading cardiologists, cardiac surgeons, nurses, and psychologists to provide updates on the very latest clinical, scientific, genetic, behavioral and technological advances.

LEARNING OBJECTIVES
At the conclusion of this activity, participants should be able to:

1. Identify major updates to the new heart failure guidelines.
2. Apply best practices to the management of patients with HFpEF and HFrEF including in the acute and chronic clinical settings.
3. Understand the indications and contraindications for the management of heart failure patients with valvular lesions with percutaneous interventions vs a surgical approach.
4. Identify the so-called “zebras” of heart failure and how to diagnose and manage these particular conditions.
5. Understand contemporary updates in acute and durable mechanical circulatory support.
6. Understand the differences between heart transplant organ donation after cardiac vs brain death including the challenges involved.
7. Identify pertinent new findings targeting the prevention and epidemiology of heart failure.
8. Describe how to integrate race and social determinants of health into risk factor models for heart failure prevention and progression.
9. Describe unique challenges in providing care to patients with heart failure who live in rural versus urban settings.
10. Describe potential issues in physical function and mental health in patients with heart failure, including older patients.
11. Identify indications, benefits, and challenges in telehealth versus clinic visits for patients with heart failure.
12. Describe how machine learning and artificial intelligence can enhance quality of care of patients with heart failure.

TARGET AUDIENCE
This continuing medical education program is designed to meet the educational needs of cardiologists, cardiothoracic surgeons, family practice, internal medicine, hospitalists, advanced practice nurses, registered nurses, physician assistants, pharmacists, cardiology and cardiac surgery fellows and residents in training involved in the diagnosis and management of adult patients with heart failure or at risk for heart failure.

CONFERENCE LOCATION
Radisson Blu Aqua Hotel
221 N Columbus Dr., Chicago, IL 60601

VIRTUAL FORMAT
A website link to the two-day live program will be sent out to registered participants three days prior to the conference date.

SPECIAL NEEDS
Describe potential issues in physical function and mental health in patients with heart failure, including older patients.

ACCREDITATION STATEMENT
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 11.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC POINTS
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.25 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

FACULTY DISCLOSURE
The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University FSM for fair balance. The faculty disclosures will be indicated in the course syllabus.

ADDITIONAL INFORMATION
For additional information please visit our website http://northwestern.cloud-cme.com or contact us via email at cvconferences@northwestern.edu.
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FRIDAY, DECEMBER 2, 2022

7:30 am  REGISTRATION and BREAKFAST

8:30 am  INTRODUCTORY REMARKS and WELCOME
Jonathan Rich, MD
Jane Wilcox, MD
Duc Pham, MD

SESSION I: UPDATED HEART FAILURE GUIDELINES
MODERATORS: Jane Wilcox, MD Jonathan Rich, MD Sanjiv Shah, MD Clyde Yancy, MD, MS
8:40 am  WHAT’S NEW IN THE HF 2022 GUIDELINES
Clyde Yancy, MD, MS
9:15 am  CASE-BASED REAL-WORLD APPLICATION OF NEW HFrEF GUIDELINES
Loie Farina, MD

SESSION II: VALVULAR DISEASE IN HEART FAILURE: PAST, PRESENT, AND FUTURE
MODERATORS: Doug Johnston, MD Duc Pham, MD Yasin Raza, MD
10:30 am  AORTIC STENOSIS: TAVR VS SAVR
Chris Mehta, MD

SESSION III: BREAKOUT SESSION 1: "NOT SO ANCILLARY TOPICS IN HF"
MODERATOR: Donald M. Lloyd-Jones, MD, ScM
1:00 pm  HF EPIDEMIOLOGY AND THE OBESITY EPIDEMIC
Sadiya Khan, MD
1:30 pm  WHAT ARE THEY REALLY ZEBRAS?
Clinical Pearls and Cases
Lisa Wilsbacher MD, PhD

SESSION IV: OLD VS. NEW IN THE OUTPATIENT SETTING
MODERATORS: Nicole Melody, PharmD Robin Fortman, APN Michele Montpetit, MD Clyde Yancy, MD, MS
2:45 pm  NEWLY DIAGNOSED HF
Jane Wilcox, MD
3:15 pm  CHRONIC WORSENING HF
David Lanfear, MD, MS

SESSION V: RACE AND SOCIAL DETERMINANTS OF HEALTH IN HEART FAILURE
MODERATORS: Ike Okwuosa, MD Yasin Raza, MD
8:45 am  INTEGRATING SOCIAL DETERMINANTS OF HEALTH INTO RISK FACTOR MODELS OF HEART FAILURE PREVENTION AND PROGRESSION
Quentin Youmans, MD
9:00 am  CARDIOVASCULAR HEALTH IN AFRICAN AMERICANS AND RISK FOR HEART FAILURE
Sarah Chuzi, MD
9:15 am  CHALLENGES IN HF CARE IN THE COMMUNITY: RURAL VERSUS URBAN SETTINGS
Connie White-Williams, PhD, RN
9:30 am  DISCUSSION
All Speakers and Moderators

SESSION VI: PHYSICAL AND MENTAL HEALTH CHALLENGES IN PATIENTS WITH HEART FAILURE
MODERATORS: Kathleen Grady, PhD, RN Faraz Ahmad, MD
10:45 am  TELEHEALTH VS CLINIC VISITS: INDICATIONS, SUCCESSES, AND CHALLENGES
Kannan Mutharasan, MD
11:00 am  LEVERAGING MACHINE LEARNING AND ARTIFICIAL INTELLIGENCE TO IMPROVE THE CARE OF HEART FAILURE PATIENTS: A PRIMER
Sanjiv Shah, MD
11:15 am  USEFULNESS OF ARTIFICIAL INTELLIGENCE IN IMPROVING QUALITY OF CARE FOR PATIENTS WITH HEART FAILURE: ITS TIME HAS COME
Faraz Ahmad, MD
11:30 am  DISCUSSION
All Speakers and Moderators

SESSION VII: POTPOURRI IN HEART FAILURE
MODERATORS: Kathleen Grady, PhD, RN Jonathan Rich, MD
10:45 am  FALLS IN OLDER PATIENTS WITH HEART FAILURE: RISK AND MITIGATION STRATEGIES
Quin Denfeld, PhD, RN
10:15 am  RESILIENCE AND OUTCOMES IN PATIENTS WITH HEART FAILURE: A PSYCHOLOGICAL PROTECTIVE FACTOR
Kim Feingold, PhD
10:30 am  DISCUSSION
All Speakers and Moderators

SATURDAY, DECEMBER 3, 2022

7:30 am  REGISTRATION and BREAKFAST

8:40 am  OPENING COMMENTS
Kathleen Grady, PhD, RN

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12:00 pm  ADJOURN
## REGISTRATION

### CANCELLATION POLICY

Cancellations must be made in writing to cvconferences@northwestern.edu. The paid registration fee, minus $50 administrative charge, will be refunded if cancellation is received by November 2, 2022. No refunds will be issued after this date.

### QUESTIONS

Questions regarding registration should be directed to cvconferences@northwestern.edu. Registrations will not be accepted by telephone. Please visit cvconferences.com/heartfailure for more information.

### REGISTRATION FEE

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<th>Physician Type</th>
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