

THE 18<sup>TH</sup> ANNUAL  
**HEART  
FAILURE**  
HOLIDAY  
SYMPOSIUM

**DECEMBER 2-3, 2022**

**HYBRID FORMAT: ONLINE + IN-PERSON  
RADISSON BLU AQUA HOTEL, CHICAGO, IL**

THIS ACTIVITY HAS BEEN APPROVED FOR

**11.25** LIVE AMA PRA  
CATEGORY 1 CREDITS™

SPONSORED BY

Northwestern University Feinberg School of Medicine  
Office of Continuing Medical Education  
and Bluhm Cardiovascular Institute at Northwestern Medicine

**COURSE DIRECTORS:**

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Kathleen Grady, PhD, RN, MS

Duc Thinkh Pham, MD

Jane Wilcox, MD, MS

Clyde Yancy, MD, MS

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## THE 18<sup>TH</sup> ANNUAL **HEART FAILURE** HOLIDAY SYMPOSIUM

The purpose of this event is to share advances in heart failure prevention and biomarkers. In addition, to assemble some of the best leading cardiologists, cardiac surgeons, nurses, and psychologists to provide updates on the very latest clinical, scientific, genetic, behavioral and technological advances.

### LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

1. Identify major updates to the new heart failure guidelines.
2. Apply best practices to the management of patients with HFrEF and HFpEF including in the acute and chronic clinical settings.
3. Understand the indications and contraindications for the management of heart failure patients with valvular lesions with percutaneous interventions vs a surgical approach.
4. Identify the so-called “zebras” of heart failure and how to diagnose and manage these particular conditions.
5. Understand contemporary updates in acute and durable mechanical circulatory support.
6. Understand the differences between heart transplant organ donation after cardiac vs brain death including the challenges involved.
7. Identify pertinent new findings targeting the prevention and epidemiology of heart failure.
8. Describe how to integrate race and social determinants of health into risk factor models for heart failure prevention and progression.
9. Describe unique challenges in providing care to patients with heart failure who live in rural versus urban settings.
10. Describe potential issues in physical function and mental health in patients with heart failure, including older patients.
11. Identify indications, benefits, and challenges in telehealth versus clinic visits for patients with heart failure.
12. Describe how machine learning and artificial intelligence can enhance quality of care of patients with heart failure.

### TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of cardiologists, cardiothoracic surgeons, family practice, internal medicine, hospitalists, advanced practice nurses, registered nurses, physician assistants, pharmacists, cardiology and cardiac surgery fellows and residents in training involved in the diagnosis and management of adult patients with heart failure or at risk for heart failure.

### CONFERENCE LOCATION

Radisson Blu Aqua Hotel  
221 N .Columbus Dr., Chicago, IL 60601

### VIRTUAL FORMAT

A website link to the two-day live program will be sent out to registered participants three days prior to the conference date.

### SPECIAL NEEDS

The Northwestern University Feinberg School of Medicine intends to comply fully with the legal requirements of the Americans with Disabilities Act. If any participant of this conference needs accommodation please indicate those needs on the registration form or submit written requests to [cvconferences@northwestern.edu](mailto:cvconferences@northwestern.edu) at least two weeks prior to the conference date.

### ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### CREDIT DESIGNATION STATEMENT

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 11.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### MOC POINTS

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.25 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### FACULTY DISCLOSURE

The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University FSM for fair balance. The faculty disclosures will be indicated in the course syllabus.

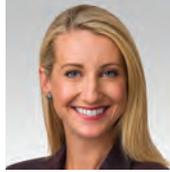
### ADDITIONAL INFORMATION

For additional information please visit our website <http://northwestern.cloud-cme.com> or contact us via email at [cvconferences@northwestern.edu](mailto:cvconferences@northwestern.edu).

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## FRIDAY, DECEMBER 2, 2022

- 7:30 am **REGISTRATION and BREAKFAST**
- 8:30 am **INTRODUCTORY REMARKS and WELCOME**  
Jonathan Rich, MD  
Jane Wilcox, MD  
Duc Pham, MD

### SESSION I: UPDATED HEART FAILURE GUIDELINES

- MODERATORS:  
Jane Wilcox, MD  
Jonathan Rich, MD  
Sanjiv Shah, MD  
Clyde Yancy, MD, MS
- 8:40 am **What's New in the HF 2022 Guidelines**  
Clyde Yancy, MD, MS
- 9:15 am **Case-based Real-world Application of New HFrEF Guidelines**  
Baljash Cheema, MD
- 9:50 am **Case-based Real-world Application of New HFpEF Guidelines**  
Loie Farina, MD
- 10:20 am **BREAK and EXHIBITS**

### SESSION II: VALVULAR DISEASE IN HEART FAILURE: PAST, PRESENT, AND FUTURE

- MODERATORS:  
Doug Johnston, MD  
Duc Pham, MD  
Yasmin Raza, MD
- 10:30 am **Aortic Stenosis: TAVR vs SAVR**  
Chris Mehta, MD
- 11:00 am **Mitral Regurgitation: To Fix or Not to Fix**  
Charles Davidson, MD
- 11:30 am **Tricuspid Regurgitation: Chicken or the Egg**  
Laura Davidson, MD
- 12:00 pm **LUNCH and EXHIBITS**

### SESSION III: BREAKOUT SESSION 1: "NOT SO ANCILLARY TOPICS IN HF"

- MODERATOR:  
Donald M. Lloyd-Jones, MD, ScM
- 1:00 pm **HF Epidemiology and the Obesity Epidemic**  
Sadiya Khan MD
- 1:30 pm **New Hope in HCM**  
Lubna Choudhury MD
- 2:00 pm **Are They Really Zebras? Clinical Pearls and Cases**  
Lisa Wilsbacher MD, PhD

### BREAKOUT SESSION 2: SURGICAL CONSIDERATIONS IN HEART FAILURE

- MODERATORS:  
Duc Pham, MD  
Ben Bryner, MD  
Esther Vorovich, MD
- 1:00 pm **Acute MCS and Bridge to Recovery**  
Duc Pham, MD
- 1:30 pm **HM3 Momentum 5-year Data, Where is the Field Heading?**  
Chris Salerno, MD
- 2:00 pm **Donation after Cardiac Death (DCD) in Transplant**  
Ben Bryner, MD
- 2:30 pm **BREAK and EXHIBITS**

### SESSION IV: OLD VS. NEW IN THE OUTPATIENT SETTING

- MODERATORS:  
Nicole Melody, PharmD  
Robin Fortman, APN  
Michele Montpetit, MD  
Clyde Yancy, MD, MS
- 2:45 pm **Newly Diagnosed HF**  
Jane Wilcox, MD
- 3:15 pm **Chronic Worsening HF**  
David Lanfear, MD, MS

- 3:45 pm **Open Mic – Wrap up with Dr. Yancy Q & A** (virtual questions answered)
- 4:15 pm **Product Theater**
- 6:00 pm **TROLLEY TO RECEPTION AT THE SIGNATURE ROOM**

## SATURDAY, DECEMBER 3, 2022

- 7:30 am **REGISTRATION and BREAKFAST**
- 8:40 am **OPENING COMMENTS**  
Kathleen Grady, PhD, RN

### SESSION V: RACE AND SOCIAL DETERMINANTS OF HEALTH IN HEART FAILURE

- MODERATORS:  
Ike Okwuosa, MD  
Yasmin Raza, MD
- 8:45 am **Integrating Social Determinants of Health Into Risk Factor Models of Heart Failure Prevention and Progression**  
Quentin Youmans, MD
- 9:00 am **Cardiovascular Health in African Americans and Risk for Heart Failure**  
Sarah Chuzi, MD
- 9:15 am **Challenges in HF Care in the Community: Rural Versus Urban Settings**  
Connie White-Williams, PhD, RN
- 9:30 am **Discussion**  
All Speakers and Moderators

### SESSION VI: PHYSICAL AND MENTAL HEALTH CHALLENGES IN PATIENTS WITH HEART FAILURE

- MODERATORS:  
Kathleen Grady, PhD, RN  
Faraz Ahmad, MD
- 9:45 am **Sleep, a New Cardiovascular Health Metric: Is it a Risk Factor for Heart Failure?**  
Lisa Wolfe, MD
- 10:00 am **Falls in Older Patients with Heart Failure: Risk and Mitigation Strategies**  
Quin Denfeld, PhD, RN
- 10:15 am **Resilience and Outcomes in Patients with Heart Failure: A Psychological Protective Factor**  
Kim Feingold, PhD
- 10:30 am **Discussion**  
All Speakers and Moderators

### SESSION VII: POTPOURRI IN HEART FAILURE

- MODERATORS:  
Kathleen Grady, PhD, RN  
Jonathan Rich, MD
- 10:45 am **Telehealth versus Clinic Visits: Indications, Successes, and Challenges**  
Kannan Mutharasan, MD
- 11:00 am **Leveraging Machine Learning and Artificial Intelligence to Improve the Care of Heart Failure Patients: A Primer**  
Sanjiv Shah, MD
- 11:15 am **Usefulness of Artificial Intelligence in Improving Quality of Care for Patients with Heart Failure: Its Time has Come**  
Faraz Ahmad, MD
- 11:30 am **Discussion**  
All Speakers and Moderators
- 11:45 am **CLOSING COMMENTS**  
Jonathan Rich, MD  
Kathleen Grady, PhD, RN
- 12:00 pm **ADJOURN**



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DECEMBER 2-3, 2022 | HYBRID FORMAT

### REGISTRATION FEE

PHYSICIANS  
INDUSTRY PROFESSIONALS  
NURSES/OTHER HCP  
NM PHYSICIANS  
NM NURSES/OTHER HCP  
NM FELLOWS/  
RESIDENTS/TRAINEES  
VIRTUAL

### EARLY BIRD RATE (ENDS 11/23/2022)

☐ \$380  
☐ \$380  
☐ \$220  
☐ \$300  
☐ \$200  
☐ \$250  
☐ \$250

### REGULAR RATE

☐ \$475  
☐ \$475  
☐ \$275  
☐ \$375  
☐ \$250  
☐ \$250  
☐ \$250

### CANCELATION POLICY

Cancellations must be made in writing to [cvconferences@northwestern.edu](mailto:cvconferences@northwestern.edu). The paid registration fee, minus \$50 administrative charge, will be refunded if cancellation is received by **November 2, 2022**. No refunds will be issued after this date

### QUESTIONS

Questions regarding registration should be directed to [cvconferences@northwestern.edu](mailto:cvconferences@northwestern.edu). Registrations will not be accepted by telephone. Please visit [cvconferences.com/heartfailure](https://cvconferences.com/heartfailure) for more information.

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