NORTHWESTERN WOMEN IN MEDICINE: LEADING THE WAY

A conference to promote the advancement of women in medicine

FRIDAY, OCTOBER 11, 2019

Northwestern Memorial Hospital
Feinberg Pavilion
Chicago, Illinois

SPONSORED BY
Northwestern University
Feinberg School of Medicine
Office of Continuing Medical Education,
Departments of Medicine and Surgery

THIS ACTIVITY HAS BEEN APPROVED FOR
6.5 AMA PRA CATEGORY 1 CREDITS™

REGISTER TODAY! www.cme.northwestern.edu
The aim of the symposium is to empower women in leadership and to facilitate career advancement by identifying barriers prevalent in medicine and finding ways to initiate constructive solutions. The conference will also allow for networking amongst community and academic women in medicine.

LEARNING OBJECTIVES
At the conclusion of this activity, participants should be able to:
1. Facilitate the advancement of women in medicine
2. Identify the skills needed to be an effective leader
3. Identify strategies when to say yes and when to say no to professional endeavors
4. Develop the art of negotiation
5. Identify evidence-based data and peer-reviewed studies relating to implicit bias and gender equity
6. Identify barriers that currently exist for women in medicine and create constructive solutions
7. Describe strategies for work life balance while maintaining overall wellness and health

TARGET AUDIENCE
This continuing medical education program is designed to meet the educational needs of multiple specialties.

CONFERENCE LOCATION
The program will be on the 3rd Floor of the Northwestern Memorial Hospital Feinberg Pavilion, located at 251 E. Huron St, Chicago, IL 60611. For directions and parking information, please visit nm.org/locations.

ACCREDITATION STATEMENT
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURE
The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University FSM for fair balance; The faculty disclosures will be indicated in the course syllabus.

SPECIAL NEEDS
The Northwestern University Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit a written request to the Office of CME at least one month prior to the conference date.

ADDITIONAL INFORMATION
For more information, Contact Rana Khalifeh at rana.khalifeh@northwestern.edu or visit our website at: cme.northwestern.edu or www.medicine.northwestern.edu/about/women-in-medicine.html.
Michelle Buck, PhD
Clinical Professor of Leadership
Kellogg School of Management
Northwestern University

Michelle L. Buck is Clinical Professor of Leadership at the Kellogg School of Management at Northwestern University. She has previously served as the School’s first Director of Leadership Initiatives, designing and coordinating opportunities for personal leadership development to complement the School’s academic curriculum. She has also served as academic director of numerous Kellogg executive programs, and teaches in Northwestern’s Master of Science Communication program.

Professor Buck’s work focuses on designing innovative, inspiring, and important learning experiences that transform lives by providing purpose, passion, and possibility and that transform the world by developing authentic, courageous and creative leaders.

Karin M. Muraszko, MD, FACS
Chair and Julian T. Hoff, M.D. Professor,
Neurological Surgery
Professor, Pediatrics and Communicable Diseases
Professor, Plastic Surgery
University of Michigan

Karin M. Muraszko, MD, was educated at Yale University, having received a B.S. with a double major in history and biology in 1977. She is a graduate of Columbia College of Physicians and Surgeons in 1981. She did her internship, neurosurgical training, and pediatric neurosurgical training at Columbia Presbyterian Medical Center-the New York Neurological Institute. Dr. Muraszko was then a Senior Staff Fellow at the National Institutes of Health-NINDS in the Surgical Neurology Branch from 1988 to 1990. Dr. Muraszko arrived at the University of Michigan in 1990. She became Chief of the Pediatric Neurosurgery Service in 1995 and appointed Chair of the Department in 2005 with the distinction of being the first female chair of an academic neurosurgical department in the United States. She has served on numerous committees within organized neurosurgery. Dr. Muraszko was appointed the first female Director of the American Board of Neurological Surgeons in 2008. At Michigan she has served on ACAPT, the Medical School Executive Committee and the FGP Executive Committee.

Dr. Muraszko’s research interests include experimental therapies for the treatment of pediatric brain tumors, the treatment and diagnosis of Chiari malformations, and the treatment of children with complex craniofacial anomalies. She is the co-founder of Project Shunt at the University of Michigan.

Stephanie Spottswood, MD, MPH
Professor of Radiology and Radiological Sciences
Professor of Pediatrics
Chief, Pediatric Nuclear Medicine
Associate Vice Chair for Diversity
Vanderbilt University Medical Center

Dr. Spottswood received her Bachelor of Arts degree in Education from the University of Michigan, Master of Science degree in Public Health from the University of North Carolina, and Doctoral degree in Medicine from the University of North Carolina. She completed residency in Diagnostic Radiology at Vanderbilt University Medical Center in 1991 and fellowship training in Pediatric Radiology at the Medical College of Virginia in 1992. She then studied pediatric nuclear medicine under pediatric nuclear medicine pioneer Dr. Massoud Majd, at the Children’s National Medical Center and completed her Nuclear Medicine fellowship training at the Medical College of Virginia in 1993.

As a retired Professor Emerita of Radiology, Dr. Spottswood remains active as an Unconscious Bias educator, and as co-chair of the Diversity and Inclusion Committee of the Society for Pediatric Radiology, a standing committee which she developed in 2017. She currently works as an executive coach, with a focus on expanding trainee and workforce diversity in the field of radiology and, more broadly, within academic medical centers. She speaks regionally, nationally and internationally on the topics of diversity, gender diversity, diversity in health care, and creating an institutional culture of inclusion.
NORTHWESTERN UNIVERSITY
FEINBERG SCHOOL OF MEDICINE SPEAKERS

Mercedes Carnethon, PhD
Vice Chair, Department of Preventive Medicine
Chief of Epidemiology in the Department of Preventive Medicine
Mary Harris Thompson Professor
Professor of Preventive Medicine

Daniel Evans, MD
Assistant Professor of Medicine

Z. Leah Harris, MD
Chief of Critical Care, Department of Pediatrics
Posy and John Krehbiel Professor in Critical Care Medicine
Professor of Pediatrics

Lacy Knight, MD
Health System Clinician of Emergency Medicine

Divya Mallampati, MD
Fellow, Department of Maternal-Fetal Medicine
The University of North Carolina

Eric Neilson, MD
Vice President for Medical Affairs and Lewis Landsberg Dean
Professor of Medicine and Cell and Developmental Biology

Karen Sheehan, MD, MPH
Professor of Pediatrics and Preventive Medicine

Melissa Simon, MD
Vice Chair for Clinical Research
Department of Obstetrics and Gynecology
Director, Institute for Public Health and Medicine (IPHAM) – Center for Health Equity Transformation
George H. Gardner, MD Professor of Clinical Gynecology
Professor of Obstetrics and Gynecology/Preventive Medicine and Medical Social Sciences

Dinee Simpson, MD
Assistant Professor of Surgery

Mamta Swaroop, MD
Director, Institute for Global Health
Center for Global Surgery
Associate Professor of Surgery

Jennifer Trainor, MD
Associate Professor of Pediatrics and Medical Education

Katherine Tynus, MD
Clinical Associate Professor of Medicine

Patricia Vassallo, MD
Assistant Professor of Medicine

Katherine Watson, JD
Assistant Professor of Medical Social Sciences, Medical Education, and Obstetrics and Gynecology

Diane Wayne, MD
Vice Dean for Education Chair, Department of Medical Education
Dr. John Sherman Appleman Professor of Medical Education
Professor of Medicine and Medical Education

Teresa Woodruff, PhD
Associate Provost for Graduate Education
Dean of The Graduate School
Vice Chair for Research, Department of Obstetrics and Gynecology
Director, Women’s Health Research Institute
Chief of Reproductive Biology Research in the Department of Obstetrics and Gynecology
Thomas J. Watkins Memorial Professor of Obstetrics and Gynecology
Professor of Obstetrics and Gynecology, McCormick School of Engineering, Medical Social Sciences and Medicine

Clyde Yancy, MD, MSc
Vice Dean for Diversity and Inclusion
Chief of Cardiology in the Department of Medicine
Magerstadt Professor
Professor of Medicine and Medical Social Sciences
FACULTY

NORTHWESTERN UNIVERSITY
FEINBERG SCHOOL OF MEDICINE FACULTY

COURSE DIRECTORS

Sarah Friedewald, MD
Chief of Breast Imaging
Associate Professor of Radiology
Department of Radiology

Cybele Ghossein, MD
Vice Chair for Academic and Faculty Affairs,
Department of Medicine
Professor of Medicine

Angira Patel, MD, MPH
Associate Professor of Pediatrics and
Medical Education

Daniela Ladner, MD, MPH
Associate Professor of Surgery and
Medical Social Sciences

Bonnie Martin-Harris, PhD
Professor of Otolaryngology
Head and Neck Surgery
and Radiation Oncology

Danielle McCarthy, MD
Associate Professor of Emergency Medicine

Tacoma McKnight, MD
Associate Professor of Obstetrics and Gynecology

Ritu Nayar, MD
Professor of Pathology and Medical Education

PLANNING COMMITTEE

Joan Aniza, MD
Professor of Psychiatry and
Behavioral Sciences and Medical Education

Mercedes Carnethon, PhD
Mary Harris Thompson Professor
Professor of Preventive Medicine

Aruna Ganju, MD
Associate Professor of Neurological Surgery
and Orthopaedic Surgery

Manjot Gill, MD
Associate Professor of Ophthalmology

Blair Golden, MD
Assistant Professor of Medicine
The Johns Hopkins University

Amy Halverson, MD
Professor of Surgery

Z. Leah Harris, MD
Posy and John Krehbiel Professor
in Critical Care Medicine
Professor of Pediatrics

Allison Kessler, MD, MSc
Assistant Professor of Physical Medicine
and Rehabilitation

Stephanie Kielb, MD
Associate Professor of Urology,
Medical Education and Obstetrics and Gynecology

Daniella Ladner, MD, MPH
Associate Professor of Surgery and
Medical Social Sciences

Bonnie Martin-Harris, PhD
Professor of Otolaryngology
Head and Neck Surgery
and Radiation Oncology

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Tacoma McKnight, MD
Associate Professor of Obstetrics and Gynecology

Ritu Nayar, MD
Professor of Pathology and Medical Education

Vera Rigolin, MD
Professor of Medicine

Cynthia Rigsby, MD
Professor of Radiology and Pediatrics

Nancy Sassower, MD
Clinical Instructor of Medicine

Karen Sheehan, MD, MPH
Professor of Pediatrics and Preventive Medicine

Saadia Sherwani, MD, MS
Associate Professor of Anesthesiology and Surgery

Dinee Simpson, MD
Assistant Professor of Surgery

Farzaneh Sorond, MD, PhD
Professor of Neurology

Linda Suleiman, MD
Assistant Professor of Orthopaedic Surgery

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## AGENDA

### FRIDAY, OCTOBER 11, 2019

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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>6:45 am</td>
<td>BREAKFAST, REGISTRATION, EXHIBITS</td>
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<tr>
<td>7:15 am</td>
<td>WELCOME</td>
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<tr>
<td></td>
<td>Dean Eric Neilson, MD</td>
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<tr>
<td>7:20 am</td>
<td>INTRODUCTION</td>
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<td></td>
<td>Sarah Friedewald, MD</td>
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<td>Cybele Ghossein, MD</td>
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<td>Angira Patel, MD, MPH</td>
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<tr>
<td>7:30 am</td>
<td>The Power of Gender Diversity in Business and in Medicine</td>
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<td>Stephanie Spottswood, MD, MPH</td>
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<td>8:20 am</td>
<td>State of Women in Medicine</td>
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<td>Teresa Woodruff, PhD</td>
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<td>9:15 am</td>
<td>Leadership: A Personal Narrative</td>
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<td></td>
<td>Karin Muraszko, MD, FACS</td>
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<td>10:00 am</td>
<td>REFRESHMENT BREAK AND EXHIBITS</td>
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<td>10:15 am</td>
<td>PANEL DISCUSSION</td>
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<td></td>
<td>Overcoming Challenges on Your Way to Leadership</td>
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<td>MODERATOR: Melissa Simon, MD</td>
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<td>PANEL: Karin Muraszko, MD, FACS</td>
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<td>Dinee Simpson, MD</td>
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<td>Jennifer Trainor, MD</td>
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<td>Patricia Vassallo, MD</td>
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<tr>
<td>11:15 am</td>
<td>The Unscripted Life: Using Improvisational Theater Techniques to Help Women in Medicine Claim Power, Collaborate, and Communicate</td>
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<td>Katie Watson, JD</td>
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<tr>
<td>12:00 pm</td>
<td>NETWORKING LUNCH</td>
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<td>1:00 pm</td>
<td>Resilience: Maximizing Leadership Impact and Wellbeing</td>
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<td></td>
<td>Michelle Buck, PhD</td>
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<tr>
<td>1:55 pm</td>
<td>PANEL DISCUSSION</td>
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<td>How to Negotiate for Yourself: When to Say Yes and When to Say No</td>
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<td>MODERATOR: Diane Wayne, MD</td>
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<td>PANEL: Mercedes Carnethon, PhD</td>
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<td>Leah Harris, MD</td>
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<td>Lacy Knight, MD</td>
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<td>Stephanie Spottswood, MD, MPH</td>
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<td>2:40 pm</td>
<td>REFRESHMENT BREAK AND EXHIBITS</td>
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<td>3:00 pm</td>
<td>PANEL DISCUSSION</td>
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<td>Advocacy &amp; Leadership Outside of Traditional Work Environment</td>
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<td>MODERATOR: Daniel Evans, MD</td>
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<td>PANEL: Divya Mallampati, MD, Karen Sheehan, MD, Mamta Swaroop, MD, Katherine Tynus, MD</td>
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<td>3:50 pm</td>
<td>Building a Culture of Allyship and Sponsorship</td>
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<td>Clyde Yancy, MD</td>
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<td>4:30 pm</td>
<td>WRAP-UP</td>
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<td></td>
<td>Cybele Ghossein, MD, Sarah Friedewald, MD, Angira Patel, MD, MPH</td>
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REGISTRATION

REGISTRATION FEE
Faculty and staff with a current... [ ] $25
appointment at Northwestern Medicine, Lurie Children’s, Shirley Ryan Ability Lab, or other Northwestern Affiliate

Northwestern Alumni... [ ] $25

Current medical students, residents, or fellows at Northwestern Medicine, Lurie Children’s, Shirley Ryan Ability Lab, or other Northwestern Affiliate

General attendee... [ ] $100

Trainees*... [ ] $25

(*must submit program director’s letter to rana.khalifeh@northwestern.edu)

CANCELLATION POLICY
Cancellations must be made in writing to Rana Khalifeh at rana.khalifeh@northwestern.edu. The paid registration fee will be refunded if cancellation is received by Monday, October 7, at 5pm.

QUESTIONS
Have questions, or to cancel your registration, contact Rana Khalifeh at rana.khalifeh@northwestern.edu. Registrations will not be accepted by telephone.

REGISTRATION FEE
Faculty and staff with a current... [ ] $25
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Northwestern Alumni... [ ] $25

Current medical students, residents, or fellows at Northwestern Medicine, Lurie Children’s, Shirley Ryan Ability Lab, or other Northwestern Affiliate

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(*must submit program director’s letter to rana.khalifeh@northwestern.edu)

HOW TO REGISTER

ма ONLINE - Please visit www.cme.northwestern.edu

ма MAIL - Mail the registration form with a check made payable to
Northwestern University
676 N. St. Clair, Suite 2330
Chicago, IL 60611
Attention: Rana Khalifeh

Online registration will close on Monday, October 7, at 5 pm.
On site registration will be accepted via check only.

PLEASE TYPE OR PRINT

Last Name

First Name

[ ] MD  [ ] DO  [ ] PhD  [ ] RN  [ ] Other (please specify)

Institution

Address

City  State  ZIP Code

Daytime Phone  Fax

E-mail (Required)

Your registration confirmation will be e-mailed

Specialty

Please indicate any special needs

Please indicate any dietary needs
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