Northwestern Medicine®

THE 4TH ANNUAL ADVANCES IN PULMONARY HYPERTENSION

AUGUST 2, 2019

Prentice Women's Hospital Conference Center Chicago, Illinois

SPONSORED BY

Bluhm Cardiovascular Institute and Northwestern University Feinberg School of Medicine Office of Continuing Medical Education

THIS ACTIVITY HAS BEEN APPROVED FOR

.5 AMA PRA CATEGORY

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PROGRAM INFORMATION

While pulmonary hypertension remains a challenging disease, there has been an increased awareness by clinicians from the routine use of diagnostic tools such as Doppler echocardiography and the availability of the many pulmonary vasodilator drugs. Because it is uncommon, it is difficult for physicians to develop sufficient experience and expertise unless they are part of a specialty center. The etiology can be multifactorial, making it difficult to know the dominant cause in some patients and thus requires a meticulous approach to arrive at the correct diagnosis. The program is designed to increase knowledge of the presentation and diagnosis of the different etiologies of pulmonary hypertension, address ways to implement the latest practice guidelines in to clinical practice, and know when to refer to specialty centers for advanced care.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- 1. Recognize when patients have suboptimal response to treatments and be aware of what advanced treatments are available
- 2. Be aware of the multiple modalities available for understanding the basis and severity of patient's symptoms, how to quantify them, and how to apply them to practice.
- **3.** Be informed of the advances made in the diagnosis and treatment of patients with chronic thromboembolic pulmonary hypertension

TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of cardiologists, pulmonologists, internists, hospitalists, advanced practice nurses, registered nurses, physician assistants, pharmacists, cardiology and pulmonary medicine fellows, and residents in training.

CONFERENCE LOCATION

This program will be held at Northwestern Medicine Prentice Women's Hospital, 3rd Floor, Conference Room L, located at 250 E Superior, Chicago Illinois 60611. Visit <u>www.nm.org/locations/prentice-womens-hospital</u> for directions and parking information.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURE

The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University FSM for fair balance; The faculty disclosures will be indicated in the course syllabus.

SPECIAL NEEDS

The Northwestern University Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit a written request to the Office of CME at least one month prior to the conference date.

HOTEL

Rooms have been reserved at the Hyatt Centric Chicago Magnificent Mile located at 633 N Saint Clair Street, Chicago, IL 60611. Rooms will be available for a discounted rate of \$249.00 (single/double occupancy), plus 17.4% tax. Please contact the Hyatt directly at (888) 591-1234 or www.hyatt.com/en-US/group-booking/CHIMM/G-NSOM to make your reservations. To receive the discounted room rate, reservations must be made by July 8, 2019. Reservations made after this date are subject to availability at regular hotel rates. The room block may fill prior to the cutoff date, so be sure to make your reservations early. Please note, we do not provide parking validation for hotel parking.

FACULTY

COURSE DIRECTORS

Stuart Rich, MD Professor of Medicine Director, Pulmonary Vascular Disease Program Bluhm Cardiovascular Institute Northwestern University Feinberg School of Medicine

Michael Cuttica, MD Associate Professor of Medicine Associate Director, Pulmonary Vascular Disease Program Northwestern University Feinberg School of Medicine

GUEST FACULTY

Aaron B. Waxman, MD, PhD Associate Professor of Medicine, Harvard Medical School Director, Pulmonary Vascular Disease Program Pulmonary Critical Care Medicine, Cardiovascular Medicine Brigham and Women's Hospital

Robert P. Frantz, MD Professor of Medicine, Mayo Clinic College of Medicine Director, Mayo Pulmonary Hypertension Clinic Department of Cardiovascular Medicine Mayo Clinic

NORTHWESTERN UNIVERSITY FEINBERG SCHOOL OF MEDICINE FACULTY

Benjamin H. Freed, MD Assistant Professor of Medicine Northwestern University Feinberg School of Medicine

Amanda L. Hauck, MD Assistant Professor of Pediatrics Northwestern University Feinberg School of Medicine

S. Chris Malaisrie, MD Surgical Director, Bicuspid Aortic Valve Program and Pulmonary Endarterectomy Team Bluhm Cardiovascular Institute Associate Professor of Surgery Northwestern University Feinberg School of Medicine

Jonathan Rich, MD Medical Director, Mechanical Circulatory Support Program Bluhm Cardiovascular Institute Associate Professor of Medicine Northwestern University Feinberg School of Medicine

Daniel Schimmel, Jr., MD, MS

Director, Pulmonary Embolism Response Team Bluhm Cardiovascular Institute Assistant Professor of Medicine Northwestern University Feinberg School of Medicine

Sanjiv J. Shah, мо

Stone Professor of Medicine Director, T1 Center for Cardiovascular Therapeutics Director, Northwestern HFpEF Program Division of Cardiology, Department of Medicine Northwestern University Feinberg School of Medicine

ADVANCES IN PULMONARY HYPERTENSION

AGENDA/FACULTY

FRIDAY, AUGUST 2, 2019

8:00 am OPENING REMARKS Stuart Rich, MD

MORNING SESSION I MANAGING THE PATIENT WITH AN UNCERTAIN DIAGNOSIS

- 8:05 am How to Approach the Patient with Pulmonary Hypertension from Multiple Causes Stuart Rich, MD
- 8:25 am Discussion
- 8:35 am Pulmonary Hypertension with Borderline HFpEF. What Do I Do Now? Sanjiv Shah, MD
- 9:00 am Discussion
- 9:15 am Distinguishing Acute from Chronic Pulmonary Embolism. Implications for Management. Michael Cuttica, MD
- 9:35 am Discussion
- 9:45 am **REFRESHMENT BREAK**

MORNING SESSION II DIAGNOSTIC CHALLENGES, THERAPEUTIC DILEMMAS

- 10:00 am The Role Of Exercise Hemodynamics In The Diagnosis And Treatment Of Pulmonary Hypertension Aaron Waxman, MD
- 10:25 am Discussion
- 10:35 am Right Ventricular Strain. How to Use Speckle Tracking Echo in Patient Management Benjamin Freed, MD
- 11:00 am Discussion
- 11:10 am Tough Cases Presenter: Stuart Rich, MD Panel: Aaron Waxman, MD Sanjiv Shah, MD Benjamin Freed, MD

12:00 pm LUNCH

AFTERNOON SESSION STATE-OF-THE-ART TREATMENTS WHEN THE GUIDELINES DON'T APPLY

- 1:00 pm How to Manage a Patient with Mild Pulmonary Hypertension Robert Frantz, MD
- 1:25 pm Discussion
- 1:35 pm Congenital Heart Disease Associated With Pulmonary Hypertension in Adults. What to Expect. Amanda Hauck, MD
- 2:00 pm Discussion
- 2:10 pm Is A Right Heart Catheter A Fundamental Part of Follow-Up in Patients with Pulmonary Hypertension? Jonathan Rich, MD
- 2:35 pm Discussion
- 2:45 pm **REFRESHMENT BREAK**
- 3:00 pm Pulmonary Endarterectomy for CTEPH. Patient Outcomes One Year Later. S. Chris Malaisrie, MD
- 3:25 pm Discussion
- 3:35 pm Balloon Pulmonary Angioplasty for CTEPH. A Real Option or Just a Passing Fad? Dan Schimmel, Jr., MD, MS
- 4:00 pm Discussion
- 4:10 pm **Tough Cases** Presenter: Michael Cuttica, MD Panel: Robert Frantz, MD Dan Schimmel, Jr., MD, MS Jonathan Rich, MD
- 5:00 pm CONCLUDING REMARKS Stuart Rich, MD

REGISTRATION

ADVANCES IN PULMONARY HYPERTENSION

AUGUST 2, 2019 | PRENTICE WOMEN'S HOSPITAL CONFERENCE CENTER | CHICAGO, ILLINOIS

HOW TO REGISTER

ONLINE – Please visit <u>www.cme.northwestern.edu</u>

MAIL – Mail the registration form with a check made payable to Northwestern University Attn: Heather Munn/APH 251 E. Huron St. Feinberg 8-504 Chicago, IL 60611

REGISTRATION FEE

Physicians – \$300 Nurses – \$150

Fellows or Residents in Training^{*} – \$0 *Must provide a letter from program director to receive complimentary registration.

CANCELLATION POLICY

Cancellations must be made in writing to the Office of Continuing Medical Education. The paid registration, minus \$50 administrative fee, will be refunded if cancellation is received by July 5, 2019. No refund will be given after this date.

QUESTIONS

Questions regarding registration should be directed to Office of Continuing Medical Education at <u>cme@northwestern.edu</u> or (312) 503-8533. Registrations will not be accepted by telephone.

PLEASE TYPE OR PRINT

Last Name					First Name				
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251 East Huron Street Feinberg 8-504 Chicago, Illinois 60611

SAVE THE DATE!

Nutrition Science: From Population to Plates May 5, 2019 | Chicago, Illinois

8th Annual Chicago Cardiovascular Update July 18-20, 2019 | Chicago, Illinois 4th Annual Advances in Pulmonary Hypertension August 2, 2019 | Chicago, Illinois

(New!) Cast for A-Fib Symposium August 16-17, 2019 | Chicago, Illinois Cardiothoracic Nursing Symposium September 5-6, 2019 | Chicago, Illinois 41st Annual Echo Northwestern September 20-22, 2019 | Chicago, Illinois

(New!) Heart Team Summit October 18-19, 2019 | Chicago, Illinois 15th Annual Heart Failure Holiday Symposium December 6-7, 2019 | Chicago, Illinois

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Northwestern Medicine 'Is the shared vision that joins Northwestern Memorial HealthCare and Northwestern University Feinberg School of Medicine in a collaborative effort to transform medicine through quality healthcare, academic excellence, and scientific discovery.