

Northwestern's Fifth Annual Updates in Clinical and Surgical Gynecology CME Symposium



# Northwestern's Fifth Annual Updates in Clinical and Surgical Gynecology CME Symposium

Program Chair: Susan C. Tsai, MD

Program Co-chair: Angela Chaudhari, MD

There have been many recent advances in the treatment of patients with various gynecologic conditions yet there are still significant knowledge gaps, specifically in the diagnosis and comprehensive management of complex gynecologic issues. The content of this course helps bridge evidence-based medicine and clinical practice in the office and operating room settings.

This educational program is focused toward community healthcare professionals involved in the care of patients with gynecologic disease. Various areas of clinical and surgical gynecology will be covered, and potential changes in patient management will be discussed. In addition to our lectures, a hands-on course will be offered to allow participants to learn and practice common techniques in basic as well as advanced hysteroscopy and laparoscopy.

We are honored to welcome guest speaker, **Linda Bradley, MD,** Professor of OB/GYN & Reproductive
Biology, Vice Chair, OB/GYN & Women's Health
Institute, and Director, Center of Menstrual Disorders,
at Cleveland Clinic.

#### **PROGRAM OBJECTIVES**

## After attending this educational activity, participants should be able to:

- 1) Review old techniques and utilize new techniques while applying these to current surgical practice in hysteroscopy and laparoscopy.
- 2) Identify, differentiate and treat various vulvar dermatoses commonly seen in the office.
- 3) Review and apply current evidence for management of the adnexal mass.
- 4) Describe implications of muscle contraction and pelvic pain.
- 5) Identify and utilize applications to workup incontinence in the office.
- 6) Apply evidence to reduce surgical site infections as well as to reduce narcotic use for postoperative pain.
- 7) Utilize office hysteroscopy effectively.
- 8) Discuss current evidence for workup of infertility patients.

For more information, please contact **Sarah Baggs,** Continuing Medical Education Administrator, at Northwestern Memorial HealthCare,

at sbaggs@nm.org

# Friday, April 17

8:00 am	Breakfast and Registration		
8:45 am	Welcome		
	Susan C. Tsai, MD		
9:00 am	My Hysteroscope is my Stethoscope		
	Keynote Speaker: Linda D. Bradley, MD		
9:45 am	Evaluation and Management of Infertility: the State of the ART		
	Kara N. Goldman, MD		
10:30 am	Break		
10:45 am	Adnexal Masses: When to Observe, Operate or Refer		
	Anna E. Strohl, MD		
11:30 am	Office Urogynecology Tips and Tricks: What to Do and When to Refer		
	Julia Geynisman-Tan, MD		
12:15 pm	Q & A		
12:30 pm	Working Lunch Video Session:		
	Reducing Surgical Site Infections and Opioid Use After Gynecologic Surgery		
	Magdy P. Milad, MD, MS		
1:15 pm	Break		
1:30 pm	Pelvic Floor Dysfunction: A PT's Perspective		
	Shantae Williams, PT, DPT		
2:15 pm	Inflammatory Vulvovaginal Disease: Complexities and Complicationss		
	Bethanee J. Schlosser, MD, PhD, FAAD		
3:00 pm	Closing Comments and Adjournment		

# Saturday, April 18

8:00 am	Breakfast and Registration
8:15 am	Tips and Tricks for Difficult Hysteroscopy
	Laura Matthews Glaser, MD
8:45 am	Tips and Tricks for Laparoscopic Suturing
	Farah A. Alvi, MD, MS, FACOG
9:15 am	Break
9:30 am	Hands-on Sessions
	Moderators: Angela Chaudhari, MD, Magdy P. Milad, MD, MS, and Susan C. Tsai, MD
	Hysteroscopy
	• Resectoscope
	Hysteroscopic Morcellators
	Endometrial Ablation Laparoscopy
	Laparoscopic suturing/tying
	Energy systems
10:30 am	Break
10:45 am	Hands-on Sessions
	Hysteroscopy
	• Resectoscope
	Hysteroscopic Morcellators
	Endometrial Ablation Laparoscopy
	Laparoscopic suturing/tying
	Energy systems
11:45 am	Q & A
12:00 pm	Adjournment

### Program Course Directors

#### Angela Chaudhari, MD

Associate Residency Program Director,
Department of Obstetrics and Gynecology
Associate Program Director,
Fellowship in Minimally Invasive
Gynecologic Surgery
Associate Professor of
Obstetrics and Gynecology,
Division of Minimally Invasive
Gynecologic Surgery
Northwestern University

#### Susan C. Tsai, MD

Associate Program Director,
Fellowship in Minimally Invasive
Gynecologic Surgery
Assistant Professor of Obstetrics
and Gynecology,
Division of Minimally Invasive
Gynecologic Surgery
Northwestern University
Feinberg School of Medicine

## Guest Faculty

#### Linda D. Bradley, MD

Feinberg School of Medicine

Professor of OB/GYN & Reproductive Biology Vice Chair, OB/GYN & Women's Health Institute Director, Center of Menstrual Disorders Cleveland Clinic Celebrate Sisterhood Founder and Chair Cleveland Clinic

## Program Faculty

#### Farah A. Alvi, MD, MS, FACOG

Fellowship-Trained, Minimally Invasive Gynecologic Surgeon Northwestern University Feinberg School of Medicine Gynecologic Surgeon WomanCare PC

#### Julia Geynisman-Tan, MD

Assistant Professor of
Obstetrics and Gynecology,
Female Pelvic Medicine and
Reconstructive Surgery (Urogynecology)
Northwestern University
Feinberg School of Medicine

#### Laura Matthews Glaser, MD

Minimally Invasive Gynecologic Surgery Northwestern Medicine Lake Forest Hospital

#### Kara N. Goldman, MD

Medical Director, Fertility Preservation
Northwestern Medicine
Assistant Professor, Reproductive
Endocrinology and Infertility
Northwestern University
Feinberg School of Medicine

#### Magdy P. Milad, MD, MS

Chief, Gynecology and
Gynecologic Surgery
Chief, Division of Minimally Invasive
Gynecologic Surgery
Northwestern Medicine
Albert B. Gerbie Professor of Obstetrics
and Gynecology
Northwestern University
Feinberg School of Medicine

#### Bethanee J. Schlosser, MD, PhD, FAAD

Board Certified Dermatologist Former Associate Professor of Dermatology and Obstetrics and Gynecology Northwestern Medicine

#### Anna E. Strohl, MD

Assistant Professor of Obstetrics and Gynecology (Gynecologic Oncology) Northwestern University Feinberg School of Medicine

#### Shantae Williams, PT, DPT

Physical Therapist
Northwestern Medicine
Center for Comprehensive Gynecology



#### **Program Location**

On **Friday, April 17,** the program will be held at **Northwestern Medicine Prentice Women's Hospital**, 250 East Superior Street, Third Floor, Conference Room L South, Chicago. On **Saturday, April 18,** the program will be held at **Northwestern Center for Advanced Surgical Education (NCASE)**, 240 East Huron Street, Suite LC-0549, Chicago.

Northwestern's campus is in the heart of bustling downtown Chicago, along Lake Michigan; iconic attractions including Millennium Park, Navy Pier and the Magnificent Mile, Chicago's premier shopping area, are mere steps away. There is fun for the whole family. For a listing of all Chicago has to offer, visit choosechicago.com.

#### **Directions and Parking**

Please visit <u>nm.org</u> for directions to the conference. We offer discounted parking in the garage just south of Prentice at 222 E. Huron Street.

#### **Hotel Accommodations**

To make a hotel reservation, visit our list of local hotels offering discounted rates for Northwestern Medicine visitors at <u>nm.org</u>. We recommend you make your reservations as soon as possible to ensure accommodations.

#### **Audience**

The content of the program is appropriate for OBGYNs and other healthcare providers caring for patients with a variety of gynecologic diseases.

#### **Registration Fee**

The fee for attending physicians is \$100 per day or \$150 for the entire course. The fee for trainees, nurses and other healthcare professionals is \$40 per day or \$70 for the entire course. Space is limited. No refunds after **March 31.** 

#### **Registration Procedure**

To register online, please visit <u>cme.northwestern.edu</u>. If paying with check, please mail your check, made payable to **Northwestern Memorial Hospital (CME)**, to the following address, prior to **March 31**.

#### Sarah Baggs c/o Northwestern Memorial HealthCare

420 E. Superior Street, Suite 900 Chicago, IL 60611

#### **Accreditation Statement**

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **Credit Designation Statement**

The Northwestern University Feinberg School of Medicine designates this educational activity for a maximum of 8.5 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Nurses**

The American Nurses Credentialing Center (ANCC) and the Illinois Department of Financial and Professional Regulation accept AMA PRA Category 1 Credits™ from organizations accredited by the ACCME for relicensure & recertification requirements. 1 CME credit is equivalent to 1 contact hour. Your certificate of completion, which includes the number of CME credits awarded, is the only documentation required.

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## Registration Form

	\$100 per day/\$150 entire course \$40 per day/\$70 entire course				
How to Register  ONLINE: cme.northwestern.ed  OR MAIL with check (payable to Sarah Baggs c/o Northwestern Memoria 420 E. Superior Street Suite 900 Chicago, IL 60611	Northwestern Memorial Hospital (CME))	For Questions: Email: sbaggs@nm.org Phone: 312-503-4005			
Please Type or Print					
Last Name	First Name				
☐ Physician ☐ Nurse ☐ Trainee	e • Other healthcare professional				
Institution	·				
		ZIP Code			
Email (Required)	Your registration confirmation will be emaile	ed			
Specialty					
Special Dietary Requirements					
DISABIlity Accommodations	ability Accommodations				
How did you hear about our program?  □ Brochure □ Email □ Website □ Social Media □ Word of Mouth □ Previous Attendee					
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