Northwestern’s Fifth Annual Updates in Clinical and Surgical Gynecology
CME Symposium

Program Chair: Susan C. Tsai, MD
Program Co-chair: Angela Chaudhari, MD

There have been many recent advances in the treatment of patients with various gynecologic conditions yet there are still significant knowledge gaps, specifically in the diagnosis and comprehensive management of complex gynecologic issues. The content of this course helps bridge evidence-based medicine and clinical practice in the office and operating room settings.

This educational program is focused toward community healthcare professionals involved in the care of patients with gynecologic disease. Various areas of clinical and surgical gynecology will be covered, and potential changes in patient management will be discussed. In addition to our lectures, a hands-on course will be offered to allow participants to learn and practice common techniques in basic as well as advanced hysteroscopy and laparoscopy.

We are honored to welcome guest speaker, Linda Bradley, MD, Professor of OB/GYN & Reproductive Biology, Vice Chair, OB/GYN & Women’s Health Institute, and Director, Center of Menstrual Disorders, at Cleveland Clinic.

PROGRAM OBJECTIVES

After attending this educational activity, participants should be able to:

1) Review old techniques and utilize new techniques while applying these to current surgical practice in hysteroscopy and laparoscopy.
2) Identify, differentiate and treat various vulvar dermatoses commonly seen in the office.
3) Review and apply current evidence for management of the adnexal mass.
4) Describe implications of muscle contraction and pelvic pain.
5) Identify and utilize applications to workup incontinence in the office.
6) Apply evidence to reduce surgical site infections as well as to reduce narcotic use for postoperative pain.
7) Utilize office hysteroscopy effectively.
8) Discuss current evidence for workup of infertility patients.

For more information, please contact Sarah Baggs, Continuing Medical Education Administrator, at Northwestern Memorial HealthCare, at sbaggs@nm.org
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<th>Time</th>
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<td>8:00 am</td>
<td>Breakfast and Registration</td>
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<tr>
<td>8:45 am</td>
<td>Welcome</td>
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<tr>
<td></td>
<td>Susan C. Tsai, MD</td>
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<tr>
<td>9:00 am</td>
<td>My Hysteroscope is my Stethoscope</td>
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<td>Keynote Speaker: Linda D. Bradley, MD</td>
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<tr>
<td>9:45 am</td>
<td>Evaluation and Management of Infertility: the State of the ART</td>
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<td>Kara N. Goldman, MD</td>
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<td>10:30 am</td>
<td>Break</td>
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<tr>
<td>10:45 am</td>
<td>Adnexal Masses: When to Observe, Operate or Refer</td>
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<td>Anna E. Strohl, MD</td>
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<tr>
<td>11:30 am</td>
<td>Office Urogynecology Tips and Tricks: What to Do and When to Refer</td>
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<td>Julia Geynisman-Tan, MD</td>
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<td>12:15 pm</td>
<td>Q &amp; A</td>
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<td>12:30 pm</td>
<td>Working Lunch Video Session: Reducing Surgical Site Infections and Opioid Use After Gynecologic Surgery</td>
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<td>Magdy P. Milad, MD</td>
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<td>1:15 pm</td>
<td>Break</td>
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<td>1:30 pm</td>
<td>Pelvic Floor Dysfunction: A PT’s Perspective</td>
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<td>Shantae Williams, PT, DPT</td>
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<td>2:15 pm</td>
<td>Inflammatory Vulvovaginal Disease: Complexities and Complications</td>
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<td>Bethanee J. Schlosser, MD, PhD, FAAD</td>
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<td>3:00 pm</td>
<td>Closing Comments and Adjournment</td>
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### Saturday, April 18

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<td>8:00 am</td>
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<tr>
<td>8:15 am</td>
<td>Tips and Tricks for Difficult Hysteroscopy</td>
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<td><em>Laura Matthews Glaser, MD</em></td>
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<td>8:45 am</td>
<td>Tips and Tricks for Laparoscopic Suturing</td>
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<td><em>Farah A. Alvi, MD, MS, FACOG</em></td>
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<td>Hands-on Sessions</td>
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<td><em>Moderators: Angela Chaudhari, MD, Magdy P. Milad, MD, MS, and Susan C. Tsai, MD</em></td>
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Program Course Directors

Angela Chaudhari, MD
Associate Residency Program Director, Department of Obstetrics and Gynecology
Associate Program Director, Fellowship in Minimally Invasive Gynecologic Surgery
Northwestern University
Feinberg School of Medicine

Susan C. Tsai, MD
Associate Program Director, Fellowship in Minimally Invasive Gynecologic Surgery
Assistant Professor of Obstetrics and Gynecology, Division of Minimally Invasive Gynecologic Surgery
Northwestern University
Feinberg School of Medicine

Guest Faculty

Linda D. Bradley, MD
Professor of OB/GYN & Reproductive Biology
Vice Chair, OB/GYN & Women’s Health Institute
Director, Center of Menstrual Disorders
Cleveland Clinic Celebrate Sisterhood Founder and Chair
Cleveland Clinic

Program Faculty

Farah A. Alvi, MD, MS, FACOG
Fellowship-Trained, Minimally Invasive Gynecologic Surgeon
Northwestern University
Feinberg School of Medicine
Gynecologic Surgeon
WomanCare PC

Julia Geynisman-Tan, MD
Assistant Professor of Obstetrics and Gynecology, Female Pelvic Medicine and Reconstructive Surgery (Urogynecology)
Northwestern University
Feinberg School of Medicine

Laura Matthews Glaser, MD
Minimally Invasive Gynecologic Surgery
Northwestern Medicine
Lake Forest Hospital

Kara N. Goldman, MD
Medical Director, Fertility Preservation
Northwestern Medicine
Assistant Professor, Reproductive Endocrinology and Infertility
Northwestern University
Feinberg School of Medicine

Magdy P. Milad, MD, MS
Chief, Gynecology and Gynecologic Surgery
Chief, Division of Minimally Invasive Gynecologic Surgery
Northwestern Medicine
Albert B. Gerbie Professor of Obstetrics and Gynecology
Northwestern University
Feinberg School of Medicine

Bethanee J. Schlosser, MD, PhD, FAAD
Board Certified Dermatologist
Former Associate Professor of Dermatology and Obstetrics and Gynecology
Northwestern Medicine

Anna E. Strohl, MD
Assistant Professor of Obstetrics and Gynecology
Northwestern Medicine

Shantae Williams, PT, DPT
Physical Therapist
Northwestern Medicine
Center for Comprehensive Gynecology
Program Location
On **Friday, April 17**, the program will be held at Northwestern Medicine Prentice Women’s Hospital, 250 East Superior Street, Third Floor, Conference Room L South, Chicago. On **Saturday, April 18**, the program will be held at Northwestern Center for Advanced Surgical Education (NCASE), 240 East Huron Street, Suite LC -0549, Chicago.

Northwestern's campus is in the heart of bustling downtown Chicago, along Lake Michigan; iconic attractions including Millennium Park, Navy Pier and the Magnificent Mile, Chicago’s premier shopping area, are mere steps away. There is fun for the whole family. For a listing of all Chicago has to offer, visit [choosechicago.com](http://choosechicago.com).

Directions and Parking
Please visit [nm.org](http://nm.org) for directions to the conference. We offer discounted parking in the garage just south of Prentice at 222 E. Huron Street.

Hotel Accommodations
To make a hotel reservation, visit our list of local hotels offering discounted rates for Northwestern Medicine visitors at [nm.org](http://nm.org). We recommend you make your reservations as soon as possible to ensure accommodations.

Audience
The content of the program is appropriate for OBGYNs and other healthcare providers caring for patients with a variety of gynecologic diseases.

Registration Fee
The fee for attending physicians is $100 per day or $150 for the entire course. The fee for trainees, nurses and other healthcare professionals is $40 per day or $70 for the entire course. Space is limited. No refunds after **March 31**.

Registration Procedure
To register online, please visit [cme.northwestern.edu](http://cme.northwestern.edu). If paying with check, please mail your check, made payable to Northwestern Memorial Hospital (CMH), to the following address, prior to **March 31**.

Sarah Baggs  
c/o Northwestern Memorial HealthCare  
420 E. Superior Street, Suite 900  
Chicago, IL 60611

Accreditation Statement
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement
The Northwestern University Feinberg School of Medicine designates this educational activity for a maximum of **8.5 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses
The American Nurses Credentialing Center (ANCC) and the Illinois Department of Financial and Professional Regulation accept AMA PRA Category 1 Credits™ from organizations accredited by the ACCME for relicensure & recertification requirements. 1 CME credit is equivalent to 1 contact hour. Your certificate of completion, which includes the number of CME credits awarded, is the only documentation required.
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CME Symposium

Registration Form

Registration Category

- Physician ................................................................. $100 per day/$150 entire course
- Nurse, trainee or other HCP ........................................ $40 per day/$70 entire course

How to Register

ONLINE: cme.northwestern.edu

OR MAIL with check (payable to Northwestern Memorial Hospital (CME))

Sarah Baggs

c/o Northwestern Memorial HealthCare

420 E. Superior Street

Suite 900

Chicago, IL 60611

For Questions:

Email: sbaggs@nm.org

Phone: 312-503-4005

Please Type or Print

Last Name ____________________________________________ First Name ______________________________________________

- Physician
- Nurse
- Trainee
- Other healthcare professional

Institution _____________________________________________________________________________________________________

Address _______________________________________________________________________________________________________

City _____________________________________________________ State ________________________ ZIP Code _______________

Email (Required) ________________________________________________________________________________________________

Your registration confirmation will be emailed

Specialty

Special Dietary Requirements ____________________________________________________________

Advance notification required

Disability Accommodations _____________________________________________________________

Please advise us of your needs

How did you hear about our program?

- Brochure
- Email
- Website
- Social Media
- Word of Mouth
- Previous Attendee

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