THE 16TH ANNUAL HEART FAILURE HOLIDAY SYMPOSIUM

SPONSORED BY:
Bluhm Cardiovascular Institute of Northwestern Memorial Hospital
Northwestern University Feinberg School of Medicine
Office of Continuing Medical Education

THIS ACTIVITY HAS BEEN APPROVED FOR:
11 AMA PRA Category 1 Credits

Course Directors:
Jonathan D. Rich, MD, FACC, FHFA
Kathleen Grady, PhD, RN, MS, FAAN
Duc Thinh Pham, MD, FACS
Jane Wilcox, MD, MSc
Clyde W. Yancy, MD, MSc

NOW VIRTUAL & COMPLIMENTARY!

DECEMBER 10-12, 2020

REGISTER HERE:
northwestern.cloud-cme.com
We are delighted to invite cardiovascular fellows to attend a unique virtual educational opportunity designed especially for trainees and young Investigators conducting basic or clinical research, who are embarking on a career in academic medicine in cardiovascular diseases and heart failure in particular.

As we celebrate our 16th Annual Northwestern Holiday Heart Failure Symposium, we are opening the weekend with this memorable event to be held virtually from 6:00-7:30 pm Thursday evening.

This year, we are privileged to have the following keynote speakers who will speak on the following topics:

6:15 pm Future of HF Clinical Trials
   Chris O’Connor, MD

6:30 pm Future of HF Training/Research
   Clyde W. Yancy, MD, MSc

6:45 pm Graduate Research in Cardiovascular Diseases
   Nancy Albert, PhD, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FHFS, FAAN

A 30-minute question and answer session with our expert faculty will follow.

PROGRAM INFORMATION

OVERVIEW
The purpose of this event is to share advances in heart failure prevention and treatment. In addition, this symposium assembles some of the best leading cardiologists, cardiac surgeons, nurses, and pharmacists to provide updates on the very latest clinical, scientific, genetic, psychosocial, and technological advances.

LEARNING OBJECTIVES
At the conclusion of this activity, participants should be able to:

1. Describe pertinent new findings targeting the prevention and epidemiology of heart failure
2. Describe the evolution of the treatment approach to patients with cardiovascular disease and diabetes including the utility of cardiometabolic clinics
3. Identify key differences and approaches used in managing heart failure syndromes including those with preserved, reduced, and recovered ejection fraction and implications for heart failure guidelines
4. Describe updates in surgical treatment of end-stage heart failure with a focus on heart transplantation
5. Describe surgical and interventional management of patients with mitral, aortic, and tricuspid valve disease, as well as those with chronic thromboembolic pulmonary hypertension (CTEPH)
6. Identify advances in management of patients with heart failure in the outpatient setting
7. Become familiar with updates on management of myocarditis including potential cardiac implications of COVID-19
8. Describe the social determinants of health in heart failure including disparities and the importance of a social support network for optimal care and outcomes
9. Describe how to integrate family care into a cardiomyopathy clinic
10. Describe how to initiate and sustain a clinic with a focus on medication titration
11. Understand the relationships among sodium, kidney disease and heart failure

TARGET AUDIENCE
This CME program has been designed to meet the educational needs of Cardiologists, Internists, Cardiac Surgeons, Physicians, Physician Assistants, Nurse Practitioners, Fellows, Residents, Pharmacists, and Nurses and any other health care professionals who participate in the care of heart failure.

VIRTUAL FORMAT
A website link to the three-day live program will be sent out to registered participants three days prior to the conference date.

ACCREDITATION STATEMENT
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT
The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

OTHER CREDITS
The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

SPECIAL NEEDS
The Northwestern University Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference needs accommodation, please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

ADDITIONAL INFORMATION
Contact the Bluhm Cardiovascular Institute by phone at 312-664-3278, email cvconferences@northwestern.edu; or visit our website at heart.nm.org.

FACULTY DISCLOSURES
The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are able to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University FSM for fair balance. The faculty disclosures will be indicated in the course syllabus.
AGENDA

THURSDAY, DECEMBER 10, 2020

6:00 pm EVENING RESEARCH SESSION
WELCOME
MODERATORS:
Kathleen Grady, PhD, RN, MS, FAAN
Jane Wilcox, MD, MSc

6:15 pm What Can I Do With My Career in Heart Failure?
i. Future of HF Clinical Trials Chris O’Connor, MD

ii. Future of HF Training/Research Clyde W. Yancy, MD, MSc

iii. Graduate Research in Cardiovascular Diseases Nancy Albert, PhD, CCNS, CHFN, BSN, CRN, NE-BC, FAHA, FCCM, FHFSAC, FAAN

7:00 pm Q&A with Faculty
Nancy Albert, PhD, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FHFSAC, FAAN
Kathleen Grady, PhD, RN, MS, FAAN
Chris O’Connor, MD
Sanjiv Shah, MD
Jane Wilcox, MD, MSc
Clyde W. Yancy, MD, MSc

FRIDAY, DECEMBER 11, 2020

8:30 am Welcome and Opening Remarks

SESSION 1: STAGES A-B HEART FAILURE
MODERATORS:
Ewa Dembowska, MD
Donald Lloyd-Jones, MD, ScM

8:40 am The Evolving Epidemiology of Heart Failure
Sadia Khan, MD, MSc

9:00 am Diabetes + Cardiovascular Disease = Opportunity! Jim Januzzi, MD

9:25 am Cardiometabolic Clinics: How Does This Work? Anthony Pick, MD

9:40 am Discussion

10:00 am BREAK

SESSION 2: SURGICAL AND INTERVENTIONAL MANAGEMENT OF HEART FAILURE
MODERATORS:
Duc Thinh Pham, MD, FACS
Laura Davidson, MD, MS

HEART FAILURE NO MORE: AN ‘OLDER’ DISEASE WITH ‘NEWER’ TREATMENTS
1:10 pm Mitral Valve Disease: To Clip or Not to Clip That is the Question JoAnn Lindenfeld, MD, FHSAC

1:30 pm Aortic Valve Disease: Never Too Old, Never Too Sick? Ranya Sweis, MD, MS

1:50 pm Discussion

SESSION 3: THE INFLUENCE OF SOCIAL FACTORS ON RISK AND OUTCOMES: FOCUS ON HEART FAILURE
MODERATORS:
Clyde W. Yancy, MD, MSc
Kathleen Grady, PhD, RN, MS, FAAN

Sponsor: Boehringer Ingelheim

9:15 am Challenges in Access to Care and Next Steps Quentin Youmans, MD

9:30 am Q&A and Panel Discussion

9:50 am BREAK & EXHIBITS

SESSION 4: A POTPOURRI OF “HOW TO” CARE FOR PATIENTS WITH HEART FAILURE
MODERATORS:
Jane Wilcox, MD, MSc
Jonathan D. Rich, MD, FACC, FHFSAC

10:00 am How to Integrate Care for the Family as a Unit in Cardiomyopathy Clinic Lisa Wilsbacher, MD, PhD

10:15 am How to Initiate and Sustain a Heart Failure Medication Titration Clinic Michelle Fine, PharmD, BCACP, BCPS

10:30 am How to Understand Sodium and Kidney Disease in HF Rupal Mehta, MD

10:45 am Q&A and Panel Discussion

11:05 am WRAP UP & ADJOURNMENT

SATURDAY, DECEMBER 12, 2020

7:30 am Optional NON-CME Ancillary Event
Take Heart SGLT2i Awareness: A Cardiologist’s Role in SGLT2i Initiation
Woodrow Corey, MD
Sponsor: Boehringer Ingelheim

SESSION 1: STAGES C-D HEART FAILURE
HEART FAILURE NO MORE: AN ‘OLDER’ DISEASE WITH ‘NEWER’ TREATMENTS
MODERATORS:
Jane Wilcox, MD, MSc
Jonathan D. Rich, MD, FACC, FHFSAC

10:10 am New Treatment Approaches to HFpEF: More Drugs Are on the Way! Mark Drazner, MD

10:35 am Updates in the Treatment Approaches to HFpEF Sanjiv Shah, MD

10:50 am Implications of New HF Therapies on HF Guidelines Clyde W. Yancy, MD, MSc

11:05 am Discussion

11:25 am Cardiac Amyloid vs Cardiorenal Syndrome? Martha Grogan, MD

11:40 am End-Stage No More: Updates in Heart Transplantation Kambiz Ghafourian, MD, MPH

11:55 am Discussion

12:10 pm EXHIBITS and LUNCH

12:10 pm Optional NON-CME Ancillary Event
The Next Horizon in the Heart Failure Treatment Paradigm for Patients with HFrEF Karthik Linganathan, MD, MBA
Sponsor: AstraZeneca

SESSION 2: THE EVOLUTION OF OUTPATIENT HEART FAILURE MANAGEMENT
MODERATORS:
Robin Fortman, MS, APRN-CNP
Faraz Ahmad, MD, MS

3:00 pm Process Improvements R. Kannan Mutharasan, MD

3:20 pm Transitions of Care and Ambulatory Hemodynamic Monitoring Nasrin Ibrahim, MD

3:40 pm Discussion

SESSION 3: HEART FAILURE MANAGEMENT
MODERATORS:
Esther Vorovich, MD, MS
Duc Thinh Pham, MD, FACS

3:00 pm Lessons Learned from COVID-19 Orly Vardeny, PharmD, MS

3:20 pm Management of Fulminant Myocarditis Enrico Ammirati, MD, PhD, FESC

3:40 pm Discussion

SESSION 4: HEART FAILURE HOLIDAY SYMPOSIUM
REGISTER HERE: northwestern.cloud-cme.com

2:00 pm Tricuspid Valve Disease: When, Where, and How? Laura Davidson, MD, MS

2:20 pm Chronic Thromboembolic PH (CTEPH): You Don’t Want to Miss It! S. Chris Malaisrie, MD

2:40 pm Discussion

2:50 pm BREAK & EXHIBITS

BREAKOUT SESSIONS

OPTION 1: THE EVOLUTION OF OUTPATIENT HEART FAILURE MANAGEMENT
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Robin Fortman, MS, APRN-CNP
Faraz Ahmad, MD, MS

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3:20 pm Transitions of Care and Ambulatory Hemodynamic Monitoring Nasrin Ibrahim, MD

3:40 pm Discussion

OPTION 2: UPDATES ON MYOCARDITIS DIAGNOSIS AND MANAGEMENT
MODERATORS:
Esther Vorovich, MD, MS
Duc Thinh Pham, MD, FACS

3:00 pm Lessons Learned from COVID-19 Orly Vardeny, PharmD, MS

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10:45 am Q&A and Panel Discussion

11:05 am WRAP UP & ADJOURNMENT
Kathleen Grady, PhD, RN, MS, FAAN
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Cleveland Clinic Main Campus
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Cardiovascular Therapeutics
Associate Director, T1 Center for Resynchronization & Advanced Cardiac Therapeutics Program
Director, Advanced Heart Failure / Cardiac Transplantation
Vanderbilt University Medical Center
Chris O’Connor, MD
Specialty: Cardiovascular Disease, Internal Medicine
President, Inova Heart and Vascular Institute
Orly Vardeny, PharmD, MS
Core Investigator, Center for Care Delivery and Outcomes Research
Associate Professor of Medicine, University of Minnesota Medical School
Adjunct Faculty, University of Minnesota College of Pharmacy
Connie White-Williams, FNP, PhD
Associate Professor, University of Alabama, School of Nursing
Senior Director, Center for Nursing Excellence, UAB University Hospital
Senior Director, UAB Hospital Heart Failure Transitional Care Services for Adults (HRTSA) Clinic

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