11th Annual Women’s Cardiovascular Health Symposium
April 27, 2018
Prentice Women’s Hospital
Chicago, Illinois

SPONSORED BY:
The Program for Women’s Cardiovascular Health
Bluhm Cardiovascular Institute of Northwestern
Memorial Hospital
Northwestern University Feinberg School of Medicine
Office of Continuing Medical Education

This activity has been approved for 4.25 AMA PRA CATEGORY 1 CREDITS™

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Registration
Physicians $150
Industry $150
Residents, Fellows, Physician Assistants, Techs and Nurses $125

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HEART DISEASE from coronary artery disease is the number one killer of both men and women in the United States. As a result of differences in symptoms and disease presentation between genders, heart disease is often missed in women. Almost half of all women fail to recognize cardiovascular disease (CVD) as their major health problem and thus miss the opportunity to partner with healthcare providers early to identify and manage risk factors over their lifetime.

Women are at risk for other forms of heart disease such as valvular disorders, heart failure and arrhythmias. The aging woman is also at risk for bone loss and sexual dysfunction. It is critical for healthcare providers to identify and appropriately educate their female patients who are at risk for all forms of CVD. Overall, awareness, as well as rapid changes and advances in scientific discovery make the practice of evidence-based medicine challenging for all practitioners.

The Bluhm Cardiovascular Institute’s Program for Women’s Cardiovascular Health Symposium. This year’s program will address a variety of cardiovascular topics commonly encountered in clinical practice. Key gender-specific advances in a variety of aspects of CVD, such as coronary artery disease, hypertension, lipid disorders, arrhythmias, hormonal changes and cardiac complications of cancer therapy will be covered. There will be ample time for participant interaction.

We extend a special invitation for cardiologists, primary care providers and OB/GYN physicians to attend this program since they can be the first to identify female patients at risk to personally and positively improve their overall health. Women are still less likely to be offered proven therapies for heart disease as compared to men. This troubling statistic is an urgent call to action to change, especially since the lifetime risk of CVD in women approaches.

LEARNING OBJECTIVES
At the conclusion of this activity, participants will be able to:
1. Explain the diagnostic process and management of valvular dysfunction
2. Evaluate advancements in the diagnosis and treatment of aortic stenosis
3. Recognize evidence-based dietary factors associated with reduced CVD mortality and morbidity
4. Develop an interdisciplinary plan of care between obstetricians and primary care for the pregnant patient with, or at risk for, cardiovascular comorbidity
5. Describe best practices in the treatment of arrhythmias in women, including mobile monitoring strategies
6. Describe gender-specific issues faced by female patients with heart failure
7. Explain the role of HTS bundle pacing and treatment options available
8. Recognize options for left atrial appendage closure in patients with atrial fibrillation

AUDIENCE
This CME program has been designed to meet the educational needs of Cardiologists, Internists, Obstetrician-Gynecologists, Hospital Physicians, Physician Assistants, Nurse Practitioners, Residents and Nurses and any other healthcare professional who participate in the care of women across the life span.

CONFERENCE LOCATION
The program will be held at the Pritzker Women’s Hospital located in Conference Room 1 South on the third floor at 250 East Superior Street, Chicago, Illinois. Please contact the hotel at 312-520-2000 for directions and parking information or visit prentice.nmh.org.

ACCREDITATION STATEMENT
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT HOUR STATEMENT
The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 32.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER CREDITS
The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept AAMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

FACULTY DISCLOSURE
Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect a speaker’s presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

SPECIAL NEEDS
The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodations, please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

Agenda
11:00 am – 12:00 pm Town Hall
12:00 pm Registration, Exhibits and Box Lunch
A Case Based Approach to Managing Cardiovascular Disease in Women
12:55 pm – 1:00 pm Introduction: Marla A. Mendelson, MD
1:00 pm – 1:30 pm Diet and Women’s Cardiovascular Health: Data Driven Recommendations
Linda V. Van Horn, PhD, RD
1:30 pm – 2:00 pm Applying Lipid Guidelines in Women
Donald Lloyd-Jones, MD, ScM
2:00 pm – 2:30 pm Cardiac Problems Arising During Pregnancy
Marla A. Mendelson, MD
2:30 pm – 3:00 pm Percutaneous Valve Therapies in 2018
Ranya Sweis, MD
3:00 pm – 3:15 pm Refreshment Break and Exhibits
3:15 pm – 3:45 pm Contemporary Management of Acute Aortic Dissections
Mark K. Eskandari, MD
3:45 pm – 4:15 pm Updates in Heart Rhythm Management for Women
Susan Kim, MD
4:15 pm – 4:45 pm Advanced Heart Failure Strategies for Women
Esther Elizabeth Vorovich, MD
4:45 pm – 5:15 pm Menopause and your Patient with Heart Disease: The Who, What, and When of Hormone Therapy
Elena M. Kamel, MD
5:15 pm – 5:30 pm Questions and Answers

Course Directors
Marla A. Mendelson, MD
Medical Director, Program for Women’s Cardiovascular Health
Bluhm Cardiovascular Institute
Assistant Professor of Medicine and Pediatrics (Cardiology)
Director of Heart Disease and Pregnancy program and the Clinical Associate Director of the Ziffren Universal Heart Center
Northwestern University Feinberg School of Medicine
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Cardiac Electrophysiologist
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Professor of Surgery (Vascular Surgery), Medical Education, and Radiology
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Eileen M. Fosse Professor
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Northwestern University Feinberg School of Medicine
Ranya Sweis, MD, MS
Interventional Cardiologist, Clinical Practice Director
Director, Northwestern University Feinberg School of Medicine
Northwestern Adult Congenital Heart Center
Associate Professor of Medicine (Cardiology)
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Linda V. Van Horn, PhD, RD
Chief of Nutrition in the Department of Preventive Medicine
Associate Professor of Preventive Medicine (Nutrition)
Northwestern University Feinberg School of Medicine
Esther Elizabeth Vorovich, MD
Assistant Professor of Medicine (Cardiology)
Northwestern University Feinberg School of Medicine

Location:
300 East Superior Street
Chicago, IL 60611
Northwestern University Feinberg School of Medicine

For more information or to register, please visit:
https://www.medsymposium.com/11thannualwomencardio

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